

## Which Team Requires to Care Patients with Chronic Diseases?

**Vong Pui San and Jorge Sales Marques\***

*Pediatric Department, Centro Hospitalar Conde S. Januário, Macau, China*

**\*Corresponding Author:** Jorge Sales Marques, Pediatric Department, Centro Hospitalar Conde S. Januário, Macau, China.

**Received:** April 10, 2018; **Published:** June 25, 2018

What are chronic diseases? By definition and according to the World Health Organization, are diseases with one or more characteristics: they produce residual disability/deficiencies, are caused by irreversible pathological changes, require special training of the patient for rehabilitation or may require long periods of supervision, observation or care.

Chronic disease care requires a multidisciplinary team of professionals.

The objective of the team is to work in a collaborative point of view and not compete for the same role.

In this team, we need to include a team leader that can be the physician responsible for the patient.

Others professionals that are involved are: a dietitian to follow dietary education, particularly important in patients suffering from inborn errors of metabolism.

Physical or occupational therapist for physical accommodations and adaptations.

Others professionals that are involved are: a dietitian to follow dietary education, particularly important in patients suffering from inborn errors of metabolism.

Physical or occupational therapist for physical accommodations and adaptations.

Nurse care, with preference with experience in intensive care unit. This support is necessary in patients particularly with neuromuscular disease.

In those families with religious beliefs the presence of the religious counselor will provide a great support for the family and patient.

Nurses works in collaboration with the physicians, can offer services in general anesthesia in low risk operative procedures, the routine care of high risk newborns in intensive care units and assessment of a chronic disease.

Follow-up visits to the nurse or even home visits are important contribution for the physical and mental well-being of the patient.

If the team works in perfect collaboration and interaction, the chronic patient will be well follow and the final result certainly will reach the objectives that were traced by the team.

Work as a team is the secret of success of any chronic illness.

**Volume 7 Issue 7 July 2018**

**©All rights reserved by Vong Pui San and Jorge Sales Marques.**