

DGB Neo-Psychoanalysis: On the (Multi-Bipolar, Quantumly Entangled) Master Oedipal Lifestyle-Deathstyle (MOLD) Complex as an Integration of Many Different Psychoanalytic and Neo-Psychoanalytic Ideas

David Gordon Bain*

DGB Transportation Services, DGB Integrative Wellness and Education Services, Canada

***Corresponding Author:** David Gordon Bain, DGB Transportation Services, DGB Integrative Wellness and Education Services, Canada.

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Good day Ladies and Gentlemen,

The DGB MBP-QE MOLD Complex (see title for the full name) is a very expansive mutation and permutation of Freud's much more stringently defined and described 'Oedipal Complex' -- so much so that it deserves my itemizing as many of these psychoanalytic influences as I can recall and capture in this paper. This concept has been evolving in my mind since I interviewed Dr. Jeffrey Masson in 2010 and said that 'integration' or 'synthesis between Pre-Classical and Classical Psychoanalysis was the way to go -- as well as the integration of any other brand of Psychoanalysis and/or Neo-Psychoanalysis that would add to the 'Total Synthesis' -- which is now 'DGB Neo-Psychoanalysis.

Dr. Masson responded skeptically that he did not believe in integration -- that adding 'a little of this and a little of that' would doubtfully improve the whole Psychoanalytic picture or product. We respectfully agreed at the time to disagree -- he did say that he liked the spirit and passion of my effort.

Well, now it is 2017, not 2010, and this 'project-product' -- The MBP-QE MOLD Complex in the greater context of DGB Neo-Psychoanalysis -- has hugely evolved over these past seven years.

There are different ways in which I can put this 'MOLD Complex' into context. There is the context of Classical Psychoanalysis. There is the context of Psychoanalysis as a whole. There is the context of Psychoanalysis and Neo-Psychoanalysis as a whole (which includes Adlerian Psychology, Gestalt Therapy, CEBT (Cognitive-Emotional-Behavior Therapy), Mindfulness (which I don't know too much about), ACT -- and Awareness-Commitment-Therapy (a combination of CEBT and Mindfulness, which again is pretty new to me). Finally, there is the context of Neurology and Neuroscience as well as Molecular Biology and Nutritional Medicine -- all that make up a part of what has become DGB Neo-Psychoanalysis.

From a Neo-Psychoanalytic perspective, I sometimes still refer to my paradigm as 'DGB-GAP Neo-Psychoanalysis where 'GAP refers to both 'Gestalt-Adlerian-Psychoanalysis as well as my overall tendency to theorize in 'the GAPS' that exist between different brands and paradigms of Philosophy, Psychology, Psychoanalysis, Neo-Psychoanalysis, Neurology and Biology. I mentioned most of my philosophical influences in one of my most recent essays on 'The DGB Cosmic MOLD Complex'.

Let us start with Classical Psychoanalysis here. In 1923, Freud divided the personality into three parts: the Ego, the Superego, and the Id.

For purposes of comparison and contrast, a simplified DGB model of the personality can be sub-divided into: 1. The Ego-States; 2. The CEB Transference Templates; 3. The Id; 4. The Abyss; 5. The Genetic Potential Self (GPS).

The CEBTTs can be sub-divided into 7 different 'evolutionary layers': 1. The Pre-Oedipal Templates (Pre-Birth to 2 years old); 2. The Oedipal Templates (3 yrs old to 7 yrs old); 3. The Post-Oedipal Templates (8 yrs old to 12 years old); 4. The Adolescent Templates (13 yrs old to 19 yrs old); 5. The Young Adult Templates (20 yrs old to 39 yrs old); 6. The Middle Adult Templates (40 yrs old to 59 yrs old); 7. The Senior Adult Templates (60 yrs old to death).

The essence and main thrust of the Master Oedipal Lifestyle-Deathstyle Complex is formed in the Oedipal years of 3 years old to 7 years old -- with some room for flexibility from person to person.

The MOLD Complex is an expansion of Adlerian 'Lifestyle Theory' -- 'introjected' back into Psychoanalysis in such a way that the bipolarity of 'unity in the personality' vs. 'conflict in the personality' becomes one of the hundreds or thousands of possible bipolar spectra in DGB Neo-Psychoanalysis and The Master Oedipal Complex.

In a similar fashion, Freud's 'life instincts' and 'death instincts' -- usually translated in DGB Neo-Psychoanalysis as our 'life wishes/impulse-drives' vs. our 'death wishes/impulse-drives' which are viewed as 'epigenetic' phenomena that arise mainly from the interaction of our id and our evolving MOLD Complex in our Oedipal Template Formation years.

Our id is viewed as our earliest 'id-ego formation' -- before the two start to separate from each other, our id remaining more uncivil, non-cultured, more psycho-dramatic and radical than our evolving 'more civilized, culturalized ego-formation'. This might be viewed as our 'first' primary 'splitting of the personality' -- i.e., the ego splitting off from the id. Neurologically speaking, there is significant brain anatomy information to link the id with the heavy emotional and impulse-drive activity stemming from our 'limbic system' vs. our ego being more connected to the more 'sophisticated' brain activity in our 'pre-frontal cortex'. This, from my perspective, is the link between Psychoanalysis and Neurology -- not forgetting that Freud was a neurologist before he was a psychologist and psychoanalyst.

Later on in my work, I will start to talk about 'The Splitting of The Ego into Ego-States' which can be viewed as all of the following: 1. 'vicissitudes' of the id; 2. compensatory ego-defenses; specialized ego-functions; compromise-formations between the id and the ego; and allusions, symptom-formations, and mnemonic symbols of underlying Oedipal-Id-Limbic (OIL) Activity.

I have itemized 9 such ego-states which I placed in the context of the entire DGB Personality Model or Model of The Psyche-Self, topographically viewed from top to bottom:

1. The Nurturing Superego or Topdog-Ego; 2. The Narcissistic-Hedonistic Superego or Topdog Ego; 3. The Righteous-Critical Superego or Topdog Ego; 4. The Public Ego; 5. The Central Executive Ego; 6. The Private Ego; 7. The Nurturing Underdog Ego or Underego; 8. The Narcissistic-Hedonistic Underdog Ego or Underego; and 9. The Righteous-Critical Underdog Ego or Underego. (This is quite similar to Eric Berne's Transactional Analysis model which I forgot to mention earlier in this essay as a source of influence), 10. 'Bound' and 'Unbound' Id-Ego CEBT Complexes and 'Transference-Immediacy Constructs' (TICs); 11. The CEBTTs; 12. The Id; 13. The Abyss; 14. The GPS.

That will suffice for today.

Have a great day!

David Gordon Bain

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