

DGB-GAP-NP: Energy Can Be Conserved, Transformed, Transferred, Blocked, Displaced... Early Freudian Theory in Conjunction with The Helmholtz School

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Good day ladies and gentlemen,

Today I would like to talk about energy. Energy is energy -- unless I am missing something, it can all directly or indirectly be traced back to -- the sun. Maybe there is 'lunar' energy as well. Think Dracula, Werewolves -- and 'crazy full moon nights'.

For years, in the 60s, 70s, 80s... even into the 2000s, you could hear the cry of the humanistic-existentialists in protests -- 'NO Medical Model in Psychology'.

However, today, as neuro-psycho-biology is rushing to the forefront of clinical psychology these days, those protests seem to be dying but regardless, one thing was never properly specified: Do you mean The Western Pharmaceutical Medical Model? Or do you mean the Eastern Wholistic Medical Model -- of which the latter can easily be tied to early Freudian Reality-Trauma-Memory Theory.

Even Western Mainstream Medicine -- at both its best and its worst -- can easily be tied to early Freudian Energy Theory -- and the principle of 'homeostatic balance' (Freud called it the 'Constancy Principle') which echoes in the philosophy of 'Yin-Yang Balance' in Eastern Holistic Medicine.

Western Medicine has been caught up too often in 'treating the symptom; not the cause of the disease' -- but modern 'nutritional medicine is fast changing that as it looks at proper diet and the causes of today's chronic disease at the cellular and microbiological level. Too often, a pharmaceutical medicine may 'support' one homeostatic biological (dialectic-spectrum-system) while 'unsupporting and unbalancing' one, two, or more similar but different homeostatic systems. We call these 'side-effects' of the medication.

Regardless, the associative similarity between early Freudian 'neuro-psychology' energy theory and Modern Medicine today -- both East and West -- is too pronounced to ignore.

For most academics, scientists, clinical psychologists, and medical professionals, early Freudian Energy Theory -- and its 'Blockage' -- have been lost in 'the cobwebs of time' -- and that is assuming that it was ever learned at all. For me, early Freudian Theory is the base-ment foundation of all Psychoanalysis -- i.e., Classical, 'Neo-Classical Impulse-Drive Theory', and Object Relations Attachment Trauma Theory as well as all Neo-Psychoanalysis -- and Modern Medical Theory and Practice -- particularly as the latter 'returns to the principle of homeostatic balance and unblocked circulation in the body' as opposed to giving out more and more pills that create more and more 'homeostatic imbalances' -- one homeostatically balancing medicine -- causing one, two, or more homeostatic systems to 'unbalance' thus requiring even more medications...Good for the pharmaceutical industry -- not necessarily good for human health.

In previous essays, I have given a good example in the treatment of diabetes. Anti-diabetic medications and/or insulin shots may do what they are supposed to do -- remove glucose from the bloodstream when blood-glucose levels are too high -- but that does not in any way, shape, or form guarantee where the glucose is going -- if it is burned as energy, then 'great' -- that is what we want -- but if the glucose is tied up in more 'fat storage' -- well, that is only going to increase levels of 'insulin resistance' and even worse blood-glucose problems down the line...

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Now, here comes 'The Freudian Connection'. Energy is energy, and blocked energy is blocked energy -- regardless of whether we are talking biology or psychology. 'Fat storage' is 'energy storage'.

So too is conscious or unconscious 'blocked trauma, defense, and/or fantasy energy'. Here is where I created the concept and term of 'id vault storage' of which -- in The DGB Neo-Psychoanalytic Model System -- the 'Extended Master Oedipal Complex Template' becomes the most important such 'id vault container' in the personality -- located physically and metaphysically in the 'limbic system' (home of what can easily be called early childhood id-ego activity and 'cathected' with emotion, trauma, defense, fantasy, anxiety, depression, and/or associated complexes) of a very primal part of the brain that has interactions with the prefrontal cortex (mainly 'ego' functions) -- which in essence integrates new findings in neuroscience with both important elements of Freudian Theory as re-interpreted and expanded by yours truly in DGB Neo-Psychoanalysis.

This is just the tip of the iceberg in terms of what is essentially a new and re-interpreted model, theory, and investigation of -- very 'old' Freudian Energy -- and Blocked Energy -- Theory in terms of integrated present-day 21st century ideas.

More to come...

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