

## DGB-GAP-NP: Connections Between Early Freudian Trauma Theory, Object Relations Attachment-Trauma Theory, and Psycho-Neuro-Biology

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May 17, 2017,

Good day ladies and gentlemen,

I invite you to read Terry Levy's essay on 'Attachment, Trauma and The Brain', March 21st, 2017, on Linked In because Terry's article spells out the connecting points between Neurobiology, Object Relations and Attachment-Trauma Theory.

My addition to the puzzle and mystery of the human Mind-Brain-Self-Object is connecting this 'new psycho-neuro-biology' to early and later Freudian Theory -- and to my own creation -- DGB Neo-Psychoanalysis.

Let's give full historical credit where credit belongs -- i.e., with Charcot, Breuer, Janet, and Freud -- relative to developing early Object Relations and Attachment-Trauma (OR-AT) Theory -- even if the technical language was not the same as it is now -- the core ideas were born and developed in their infancy back then before Freud moved on (post-1896) to his later Classical-Fantasy-Impulse-Drive Theory.

Freud's creation of the 'Oedipus Complex (OC)' in the fall of 1897 was a further evolution in this 'OR-AT' movement. However, Freud's OC needed to be 'freed' from the 'chains' of his pan-sexualism, his patriarchalism, his sexism, and his Victorian 'political correctness' --which leads us to the 'new and improved' DGB Extended Oedipal Complex (EOC) and Template Theory -- or otherwise called -- 'The MOLD -- Master-Oedipal-Lifestyle-Deathstyle -- Complex and Template Theory.

What DGB Extended Oedipal Period Theory does that has the potential to be hugely important in the evolution of Psychoanalysis is this: it (EOPT) has the potential -- indeed, in DGB Neo-Psychoanalysis, it already does this -- is to link Object Relations-Attachment-Trauma Theory not only with Early Freudian Trauma Theory but also -- and this is monumental -- with Post-Classical Impulse-Drive Psychoanalysis which still rhetorically debates with Object Relations (See Greenfield, Oedipus and Beyond, 1991) for 'psychoanalytic supremacy' (even if in 'good rhetorical spirit').

From my perspective here, the two main issues separating Object Relations and 'Impulse-Drive' (Post or Neo-Freudian Classical) Theory are this: 1. most Object Relations theorists and therapists from my vantage point here want to get just about as far away as they can from Freud's 'biological instinct' theory (as well as his 'libido' and 'fantasy' theories) -- let me cite as examples Fairbairn and Guntrip. The second part of the argument goes something like this: which is more important in the 'core, essential beliefs' of personality development: 1. the 'Pre-Oedipal' period of the first 2 years of life (perhaps even including 'Pre-Natal' influences); or 'the Oedipal years of personality development (2 years old to 7 years old) of which I am a major proponent of the latter although I think it is a rather 'innocuous' either/or argument -- as both are obviously important.

The connecting point -- DGB Extended Oedipal Theory -- suggests this: it is easy to view 'attachment' as an 'impulse-drive' in all human relations except perhaps where it has been realistically, neurotically, and/or pathologically -- denied. A certain amount of 'detachment' can also be viewed as a 'healthy impulse-drive' in the name of self-boundaries, self-assertion, and not becoming totally 'confluent' with others.

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From the early influence of Pre-Oedipal and Oedipal Object Relations -- in DGB Neo-Psychoanalysis -- is formed the 'Master Oedipal-Lifestyle-Deathstyle Complex Template from which all of the major personality developments including most of our major neurotic symptoms, anxieties, depressions, obsessive-compulsions, phobic and paranoid-schizoid patterns, addictions, defense mechanisms, fantasies, repetition compulsions, serial behavior patterns, self-sabotaging patterns...arise -- including connections to the 'new psycho-neuro-biology'.

More on this to come...

Have a great day!

David Gordon Bain

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