

A Breakthrough of Autism Understanding and Treatment

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My Life Story

As told that I was born with Autism problem.

My mother had me in the period of time when my family had to move from the North to South Vietnam... in a boat.

And when we were in South Vietnam, to start a new life from Nothing, we suffered the malnutrition problem.

At that time, my mother endured a psychological syndrome of leaving her home to a new land among many other things.

And therefore, I suffered the ACD as told... in which I did very poorly in school and had problems of scoping with reality.

My recent experiences

Recently, I had had the experiences to work with the children with disability including the children with Autism.

In dealing with them, I reflected the problems that I have been through.

And the problems that they are facing at the moment.

One out of 68 born children in the US had the Autism problem.

And the ratio is much greater in under-developed country.

It is the humanity crisis, and we must find a way to deal with it.

And therefore, I'm in a mission.

My mission

I set myself a mission.

To develop a way that can explain the Autism phenomenon in which this problem to be understood rationally and visually.

By understanding the Autism problems, it will ease the people anxiety and create a "Peace of Mind" that this problem can be managed, and cured.

Understanding the Autism problem VISUALLY, one will develop a way or plan to deal with it...to fight it or to conquer it accordingly.

And working together between parents, teachers, medical and mental health professionals... We will help the kids to live their lives at the fullest and someday we will find the cure for it.

Kids with Autism

Children with Autism are the same with the normal children.

They look normal, but their eyes did not focus in the object.

They speak normal, but they DO NOT talk.

They react very slowly to the reality.

And they act poorly in the social environment.

And therefore... in my judgement, children with Autism IS ONLY ONE STEP AWAY FROM BEING NORMAL

And that one step is the GIANT STEP that we must explore and help the kids to cross over it and beat the Autism.

My theory about normal children

A normal kid is like A bowl of water.

The water in the bowl is one cognitive platform and/or system.

And the air above the water is the reality of life.

In this instance...The water interacts with the air freely.

And therefore, the kid, in this case, will have no problem to deal with life and cope with reality.

May I claim that I'm the first and only one in the history of mankind to introduce this theory, and it is as visually as it can be to explain one cognitive operation in a normal human being.

My theory on children with autism

A kid with Autism is like a bowl of water.

With a couple drops of oil in the bowl.

The layer of oil above the water prevents the water to interact and divides the water with the air.

It is indeed, the oil has disconnected the water from the air.

And the oil has isolated the water to and within itself.

Every human in the world will understand this concept... and it is as visual as it can be to realize the oil impact in a bowl of water.

And I take a full credit as the author of this theory.

Children with autism

Applied the concept that Children with Autism Like a bowl of water with a couple drops of oil in it...will explain the phenomenon that the Autism kids have problems to connect with other people.

And to cope with reality.

In this case, the children with Autism is one step away from being normal.

So, if one can pass through the oil layer...life is good.

But the oil, by its own nature is always come back... The issue in this case is to keep the oil away as much and as long as we can. So that the water will have the chance to see the light, to be in touch with the air and be able to get the life in its fullest.

Autism explanation

So, the oil in a bowl of water to be identified as autism.

And depend on How serious it is? Autism can be treated in a way like the oil to be steer way to that the water surface to be clear as much as possible.

In my opinion... everyone has some oil in their bowl.

It is important to push the oil in a corner and keep it to stay in place.

It is important to realize that one has Autism...But it is more important to learn to adjust and deal with Autism effectively.

If one can understand Autism in the visually way...One will find a way to deal with Autism in his own way...the way that suit best for him.

From basic understanding to treatment

And so, Autism like a bowl of water with a thin layer of oil on top.

And to deal with the Autism properly is to move the oil layer away and clear the water surface as much as we can.

This oil layer visual could explain the fact that the children with Autism can perform and function some tasks and not the others.

Visually speaking... the clear area is the part that the kids are doing OK. And the section with the oil on top is the part that block the kids from being OK.

And therefore, our goal is to clear the water surface as much as possible, corner the oil as much as we can... So that the oil can only cover as less as possible.

Basic autism treatment

We will fight the Autism in three specific areas.

We must lead and guide the children with Autism to achieve the normal life as much as possible.

We must take advantage of the modernize technology in communication and treatment electronically.

We must combine the medicine and physical therapy in the formation that must improve, rather than maintain the kids condition.

We must take a chance in treatment as much as we can for the children well being interest.

Treat and challenge the kid to be normal

Parents and teachers must work as the team to challenge the kids to achieve the goal as being normal – no special treatment.

In school, the kids must have a setting goal to be accomplished.

More importantly, at home, the kids must perform a certain household chores.

All of these must be routine and persist.

These actions; in the water bowl situation; is the way to push the oil as much as we can...and if we do them consistently, we can improve the kids being.

As soon as we relax this effort... the oil will come back.

Being normal emotionally

Children with Autism have problems to express their emotion... And our task is to create the chance to start the emotion.

Suggestion: A pet, buddies in school.

Being friend with a normal kids (steer the oil).

Involve to the boy/girl friend relationship.

Important Note: Autism treatment is like a circle...it has to start somewhere.

And the emotion is the best place to start.

The day that Johnny misses his dog and falls in love to Betty... We are 80% completed our mission.

Being normal physically

We must make sure that the kids are in the health stage.

Suggestion: In school, we should have a couple exercise moves and increase accordingly base on the kids physical condition.

At home, we should have a jog around the clock.

In addition, both in school and at home...we must create the physical competitive control environment .

There must be a competition with the buddies so that the Autism kids can perform their best.

The day that Johnny feels good to beat his buddy and win the competition, is the day that we 50% completed our mission.

Being normal socially

Parents must engage the Kids with Autism socially as much as we can.

Make sure that Johnny feels good physically.

Then take him to the parade or the festival.

Create the situation that he is in touch with real life.

Actually, provide the chance that Johnny to be in touch, but engage with the life actions as much as we can.

In this notion, never leave a moment that johnny doing nothing, in our treatment model Johnny has to be in motion at all time.

The moment Johnny doing Nothing...The oil is coming back.

Being more than being normal

In our Autism treatment model, we require the family members to offer more love and compassion to the Autism kids.

Depending how the kids to react, family members must offer more actions to show special love and emotion: More Hugs and more kisses.

This kind of actions will be the indication to see HOW is our treatment progress? And we should notice.

The day that Johnny realizes that he is special...and when we hug him, we can feel whether or not our actions have touched him.

The day that Johnny misses his hug...That day we have accomplished great thing.

Being Not Normal

In our model, we should take a chance to shock Johnny normal routine.

The shock concept is the huge flash to move the oil in Johnny water bowl.

Take him to DISNEY Land...Force him to ride the skycoaster...Make sure that he has a good time... And remember the trip for a long time.

Anything that shock his cognitive system... that engrave deeply in his memory that will be the way to steer the oil away and leave more clear surface.

This concept goes along with the notion that Johnny to have a relationship with Betty...in which his emotion get started and the process of treatment to move in the right direction.

Emotional treatment

We can clear the oil a bit by using the emotional treatment.

Having a Pet will be a good idea.

The day that the Autism kid miss his/her pet.

And having a pet will create the emotional bond.

And the kid will learn to take care the pet.

And develop the LOVE... to grow.

We believe that having a pet will start a series of emotion that will have the domino impact.

Electronic treatment

We should encourage the kid to enjoy electronic game.

And we should have the competition.

Indeed, if we can find a way to stimulate his brain.

And if we can tickle his ego to beat someone.

In addition, if a boy to be provided an Ipad... And if he can operate it to create for himself a passion...Like wresting or girl.

The Ipad will be a good treatment to keep the boy busy and able to sustain his attention.

Buddies

Any kid with autism must have a buddy.

Having a buddy will create a friendship and relationship.

And therefore, parents and teachers must work hard together to find and set up the buddies setting for the kids.

In class, the buddies should sit next to each other, doing project together and being friend with one another.

At home, the buddies play together ... and having fun together.

Having buddies friendship will be the way to sustain the oil to the edge and able to clear the surface.

Back to the bowl of water.

And so, A normal kid is a bowl of clear water.

And a kid with Autism is a bowl of water with a few drops of oil.

The degree of Autism is the amount of oil in the bowl of water.

And therefore, a kid with only one or two drops suffer a minor Autism, and the one has 5 or 7 will be the one who suffers more serious one.

And our job is to clear the surface as much as we can.

Knowing the cause of Autism visually... We must challenge ourselves to find the cause (the oil)... And how to get rid it.

Growing up autism kid

Normally, A kid that has Autism will suffer less as he grow up.

This phenomenon to be explained this way... As he grows up...The bowl gets bigger and has more water... But the amount of oil stays the same.

Let say at the age of 10, there were 3 gallons of water and 5 drops of oil, but at the age of 25, there are 10 gallons of water and still 5 drop of oil... and therefore the water/oil ratio is much lessen.

This explains the phenomenon that Autism will reach its peak and stay the same or decrease, but not increase.

Bowl of water theory

OK...Kid with Autism is like a bowl of water with a couple drops of oil.

Let stay with the bowl of water.

A kid bowl of water might have SOAP or Alchohol or...

This will explain that A kid might suffer different problems.

Base on the symptoms, we know what kind of problems there are.

Now, being able to see the problem causes in the visual way...we can begin to treat the problem better.

And challenge ourselves to find the cure.

Other mental problems

Let say that there are different areas in the water bowl.

Let say area 1 for memory and area 5 for depression.

When the bowl of water tilled to one side it covered more in one side and left open the other area.

This will explain one day, one is happy and the other day one is depressed.

Understand How the bowl works visually... we can find the way to treat other mental problems better.

And someday we will find the cure.

Old people memory

Using the concept of bowl of water...we can explain the reason why the old people has tendency to loose the memory.

The bowl itself like the age of a human being... it gets bigger as one get older.

And the amount water in the bowl will also get bigger as time goes.

And therefore, the bowl and the water increase its size and its volume accordingly through the age.

But get to a certain point, the bowl grows bigger, but the water volume stays the same or being decreased.

Mission

I have a mission as to unveil the autism mystery.

And bring it to the light.

In the most visual that anyone can see.

And able to understand.

It is my hope that this kind of visually understanding about the Autism will make a difference for “peace of mind”.

For better treatment.

And someday we will find the cure.

A journey.

Let begin the journey.

We choose to do this journey; not because it fun, but because it is painful; not because it is easy, but it is hard and challenging.

Join us to battle the Autism for the sake of all children and their parents.

We must join hands together for the common cause, that someday we will ease the pain and able to comfort the children with Autism.

And that someday must be started today, to this very moment.

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