Unconditional Love and Support is the Magic Key for Children with Down Syndrome

Saadia Shahzad*
Assistant Professor, Community Medicine, Shalamar Medical and Dental College, Lahore, Pakistan

*Corresponding Author: Saadia Shahzad, Assistant Professor, Community Medicine, Shalamar Medical and Dental College, Lahore, Pakistan.

Received: February 26, 2018; Published: June 27, 2018

Pakistan is a developing country with a total population of 198.36 million [1] 6th most populous country in the world. In this overflowing populous country one has to dig too hard into the data resources to find exact numbers of our special needs children of various categories; specifically children with Down syndrome.

Down syndrome (Trisomy 21) is most commonly occurring chromosomal disorder with an incidence of 1 in 700 births. Advance and progressive research in this area in developed countries has resulted in increasing the lifespan of these children from 25 years in 1983 to 60 years in 2012 [2]. Progressive and advanced research in developed world has also helped in improving the rehabilitation programs and strategies for these children; thus making them positive, constructive members of the society, and enables them to live independently.

In my humble opinion Down syndrome specific organizations in private sector of Pakistan should join hands and pool in their resources at various center points to cater to the children and parents under one roof. Large number of compassionate volunteer human resource is needed that can be trained into this expertise required to rehabilitate these children. And who else can be the best compassionate volunteer other than the family members themselves who should try finding out time for this service for their own children along with others. Learned parents who had been successful in achieving positive rehabilitation of their child should be acting as Mentor Parents and be there as part of the training and advisory board. While working at such collaborative centers, these parents can lay down the road map for development of children with Down syndrome.
Unconditional love and support on part of the parents and family is the magic key to turn around the society for their angel!

Bibliography

1. Pakistan Demographic and Household Survey 2016-17.