How Are People ‘Thinking’ Healthwise?

Paul Wilkins*

Public Relations and Communications Professional, UK

*Corresponding Author: Paul Wilkins, Public Relations and Communications Professional, UK.

Received: October 11, 2017; Published: October 24, 2017

Having a Personal, own problem I guess
Brings many peoples normal life to total stillness
They have many a ‘THOUGHT’ and feeling of strain
That totally gets on top of them time and time again.

Via true care and understanding shown by a loyal friend
Most of this would come quite comfortably to an END
Whilst circumstances having given it a ‘TITLE’ or a ‘NAME’
Makes it re-occur in the sufferers MIND time and time again.

If you wonder what could be quite a disturbing name
It’s Doctor, used time and again
Or people with a relationship title such as Father and Mother
Being used time and again rather than any other.

If you wonder what I mean by an in-descriptive title being wrongly used
I mean such as just Mental, Epilepsy, Diabetes, making people confused
Other than Professionals giving people’s problem an un-explicit name
‘Health Consultants’ should always say ‘Health Problem Called...’ time and time again.

Rather than the silly name such as ‘Doctor’ said to you and me
‘Health Consultant’ a much more natural ‘name’ especially would be
Rather than ‘Mental’, ‘Epilepsy’, or ‘Diabetes’ etc. just being used
‘Health Problem Called...’ is a much more natural ‘title’ to all the time be used.

Volume 5 Issue 6 October 2017
©All rights reserved by Paul Wilkins.

Citation: Paul Wilkins. “How Are People ‘Thinking’ Healthwise?”. EC Psychology and Psychiatry 5.6 (2017): 185.