

What is Functional Foot Correction, Musculoskeletal Frame of the Body

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Received: August 10, 2021; **Published:** September 27, 2021

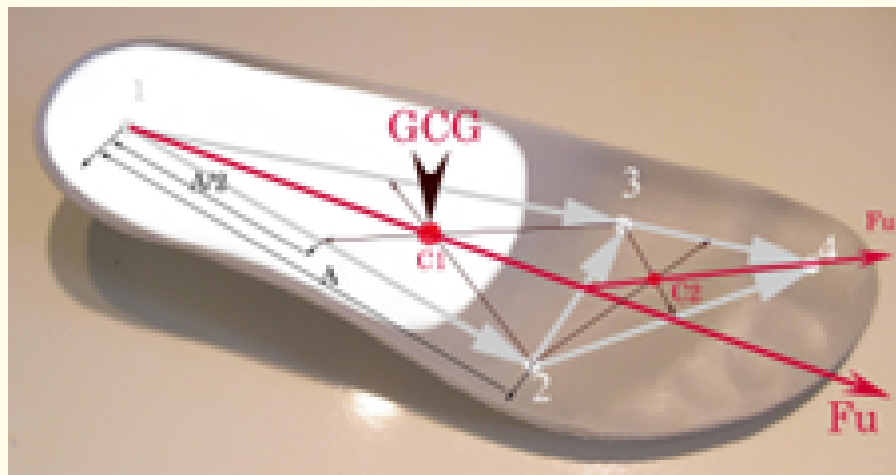


Figure 1

Despite the fact that everyone understands that the foot is the support of the skeleton, specialists are engaged in the correction of the feet, whose work is limited to the level of the ankle joint and not higher. This can be explained in different ways, but in reality it reflects the low level of education of specialists. Not knowing that the main supporting arches of the feet are the outer longitudinal and transverse arches, and not the inner one. That the nature of the deformations of the arches is determined by the position of the General Center of Gravity (GCG) of the body, the displacement of which from the axis of symmetry of the body is determined by the difference in the lengths of the legs. Raising and supporting the inner arch with the insole disrupts the shock-absorbing function of the feet - the ability to dampen the speed of the leg transfer to zero for the next step. Violation of the kinematics of the movement of the arches is reflected in the pumping function of the muscles of the feet. Skeleton correction is the process of bringing the joints into a neutral position.

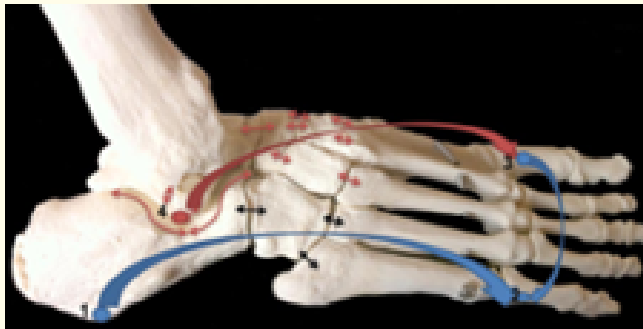


Figure 2

All this is an element of restoring the pumping function of muscles, the metabolism of body cells. But all this is not understood and is not carried out by specialists all over the world, who violate the foundations of the physiology of the vital activity of a self-regulating system, which is our body.



Figure 3

They diagnose and say that they are treating disorders of arterial blood flow, then they do not understand that the outflow of venous blood is impaired due to deformations of the arches of the feet, violations of the biomechanics of walking. And if all this is understood and that this is the result of the difference in leg lengths that each individual has, the misalignment of the iliosacral joints on which the sacrum of the spine rests and the scoliotic posture is formed, then the task of eliminating this difference in leg lengths comes to the fore.



Figure 4

This task is beyond the power of medical specialists; it requires knowledge of biomechanics. The difference in leg length is the sum of several components: functional and anatomical shortening. Eliminating the functional component of shortening is possible only if the conditions for bringing the body’s GCT to the center of the support triangle of the feet (points 1-2-3) are simultaneously fulfilled, when the skeleton of the feet is brought into a neutral position and the spine is aligned and takes an upright position. For a doctor, this seems like an unrealistic action. Knowing the laws of hydrodynamics, it can be solved by becoming on the elastic diaphragms of communicating vessels. As a result of this correction, the normalization of the functional state of the body is also observed, which is the result of the restoration of the pumping function of the muscles responsible for cell metabolism.

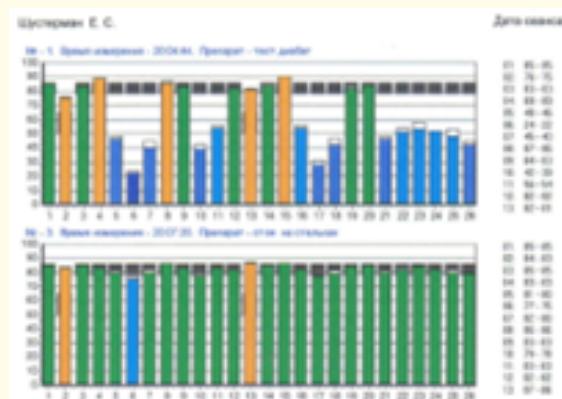


Figure 5

The word “treatment” is unacceptable for a self-regulating system, which should be understood by everyone who considers himself a doctor. He must also understand that all processes in the body are of a reflex nature, that is, feedback. The reflex surface of the feet is the most developed. This is a zone of energy exchange with the environment and it is extremely important what material of the insoles and what color it will be under it. We use non-polar polymers that fix the body’s energy when correcting feet, taking prints from them. You walk on the insoles, and the information recorded by the insoles from your balanced body brings it back to normal in seven days. Constipation, heartburn disappear, blood sugar and symptoms of other diseases that could not cope with for many years normalize.

Volume 12 Issue 10 October 2021

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