

Folk Medicine for Orthopaedic Diseases, Promotion Strategies

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Abstract

Bone disease is a common human health-problem all over the world. However, bone disease recovery is different between Western countries and Eastern by many ways. In China, acupuncture, herbal medicine and others are widely used for bone disease managements. In this editorial, folk medicine in future is highlighted.

Keywords: *Osteoporosis; Nursery; Acupuncture; Herbal Medicine; Traditional Chinese Medicine; Bone-Disease*

Introduction

Human bone diseases ask for high-quality surgery, and effective food and drug treatments [1-13]. Many new treatment strategies and innovations are currently emerging [14-16].

Folk medicine

However, there is a great difference in orthopedic treatment between Western countries and China. In China, many patients with bone disorders are treated with traditional medicine, such as acupuncture, herbal plaster and others [17-22]. These kinds of traditional therapies may receive unexpected therapeutic outcomes and low cost. However, these kinds of traditional medicines are facing growing challenge. New policy must be acquired.

Clinical obstacles

Western medical societies commonly ignore such medical practice for century. Only limited countries still maintain this educational system at country-wide level. Large populations of global patients know nothing of such folk therapy.

New insights

How to keep this tradition alive, several pathways are recommended:

- Formulating education to college students or apprenticeship for such training
- Broad range of medical program to such treatment and discussion
- Expanding introduction of such practice between doctors and patients
- Integration of medical knowledge between western and eastern
- Gaining more knowledge on herbal medicine (outside utility and semi-complete herbal products).

Conclusion

In the future, more traditional Chinese medicine will be utilized. To achieve this high-quality treatment, new policy should be pursuit.

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