Energies Alterations and Chakras’ Energies Deficiencies as the Cause of Sub Retinal Fluid Retention in Polypoidal Choroidal Vasculopathy

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Abstract

Introduction: Polypoidal choroidal vasculopathy (PCV) is an age-related macular degeneration subtype. Changes in choroidal flow, poor scleral outflow, breakdown of the retinal pigment epithelium, and leakage/breakdown of normal or abnormal retinal vessels are the pathophysiological mechanisms that are isolated or in combination associated with sub retinal fluid accumulation. In traditional Chinese medicine (TCM) the fluid accumulation could be linked to Spleen-Pancreas deficiency and/or Kidney deficiency, caused by emotional factors and/or wrong diet.

Purpose: The purpose of this study is to demonstrate that PCV can be treated balancing the Yin, Yang, Qi and Blood energies, mainly the Spleen-pancreas and Kidney energy meridians and treating the energies deficiencies in the chakras’ energies centers.

Methods: One case report. In 2007, M.C., 47 years-old-female patient started noticing a gray spot in the central region of her right eye. The patient searched for an ophthalmologist and was diagnosed with polypoidal vasculopathy, after several exams. She performed treatment with laser and medications injections inside the eye during 2009,2010 and 2011, every 4 or 5 weeks, with little success in reduction of the fluid. She started treatment with Chinese medicine tools using Chinese dietary counseling, auricular acupuncture, and radiesthesia procedure to measure the chakras’ energies and all were 1 (lowest) out of 8 (normal). She was orientating to use homeopathy according to the theory Constitutional Homeopathy of the Five Elements based on Traditional Chinese Medicine and crystal-based medications.

Results: After one month of treatment no sub retinal fluid was found in her eyes.

Conclusion: There are energies alterations related to the formation of sub retinal fluid in PCV. There is the necessity of correcting imbalances of the internal energies mainly the Spleen-pancreas and Kidney meridian using diet, auricular acupuncture, homeopathy and crystal-based medications to correct the energies deficiencies in the chakras’ energies centers, to achieve better results in the sub retinal fluid accumulation control. According to this case report, PCV is not only linked to the eyes, but is a symptom of a systemic energies imbalances and chakra’s energies deficiencies and the treatment and replenishment of these deficiencies are of major importance to improve the symptoms of this pathology.

Keywords: Energies Alterations; Polypoidal Choroidal Vasculopathy, Chinese dietary nutrition, acupuncture, traditional Chinese medicine, Chakras, Homeopathy

Introduction

Polypoidal choroidal vasculopathy (PCV) is characterized by multiple recurrent serosanguineous bilateral retinal pigment epithelial detachments (PEDs).

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The cause of such manifestations remains a controversy. At first, polypoidal choroidal vasculopathy (PCV) was described as a clinical entity different from neovascular age-related macular degeneration (AMD). It would consist of sub retinal polypoidal vascular lesions linked to serous and hemorrhagic pigment epithelial detachments (PED) [1].

The classical clinical finding of PCV is the presence of reddish-orange sub retinal nodules. They can be small, medium, or large in size. The large nodules are easily seen clinically, especially when the overlying retinal pigment epithelium (RPE) is thinned.

With Western medicine evolving understanding in the pathogenesis and features of PCV, the optimal treatment modality of PCV has been changing throughout the years. Currently, a number of treatment options are available for PCV in Western medicine, including thermal laser photoagulation, VPDT monotherapy, anti-VEGF monotherapy and combination therapy with anti-VEGF and VPDT [1].

Purpose

The purpose of this study is to demonstrate that PCV can be treated balancing the Yin, Yang, Qi and Blood energies, mainly the Spleen-pancreas and Kidney meridian, using Chinese dietary counseling, auricular acupuncture with apex ear bloodletting, systemic acupuncture and replenishing the energies deficiencies in the chakras’ energies centers using highly diluted medications (homeopathies according to Constitutional Homeopathy of the Five Elements Based on Traditional Chinese Medicine).

Methods

To write this article, the author searched for publications related to PCV in Western medicine in PubMed and other indexed articles and also did a search in traditional Chinese medicine publications regarding this same field in PubMed and other indexed articles. The author also used a clinical case report to illustrate how is the clinical presentation of one patient who was suffering from this disease and explains how was the evolution of this patient when submitted to the diverse Western medicine treatment and how was her evolution after associating traditional Chinese medicine treatment to correct her energies disturbances.

Case Report

M.C, 47 years-old female patient, started noticing a gray spot in the central region of her right eye in 2007. The patient searched for an ophthalmologist and was diagnosed with incipient macular degeneration.

Not satisfied with the diagnosis given by the doctor, she looked for another ophthalmologist in her city who, after performing several exams such as fundus, optical coherence tomography (OCT), visual acuity and others, referred her to another ophthalmological center in another city, because, possibly, she could have polypoidal choroidal vasculopathy (wet macular degeneration) and, in her city, there was no treatment for it.

In December 2007 she sought another ophthalmology center in another city and the diagnosis was confirmed – polypoidal vasculopathy in the choroid in both eyes, however, only the right eye had sub retinal fluid, as you can see in figure 1.

*Figure 1: Optical Coherence Tomography Performed in 2008.*

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In January 2008, she underwent a laser procedure (PDT) with a medication called Vizudyne (Verteportin). There was a decrease in the liquid (fluid) but not completely eliminated.

In 2009, 2010 and 2011, she performed three (03) more applications of this same laser with the same medicine Vizudyne without much success. She began to see the very “crooked” (winding) lines with her right eye, and the tomography is indicated in figure 2.

In July 2011, when the sub retinal fluid appeared in the left eye and the lasers giving little result, she asked to be referred to University of São Paulo. The medical conduction on her case was different from the other: she started treatment with injections, in both eyes, of a medicine called Avastin (Bevacizumab) and after a second medicine called Lucentis (Ranibizumab) administered as an injection into the eye under a local anesthetic. It is also used to treat damage to the retina caused by leakage and abnormal growth of blood vessels in diseases such as the wet form of macular degeneration.

It is worth mentioning that two days before the injections she dripped one antibiotic called Vigamox (Moxifloxacin) and one anti-inflammatory called Maxidex (Dexamethasone) in the eyes, to prepare for the applications.

At the beginning of the treatment with the injections, she even performed them every 15 days due to bleeding from these vessels. When these bleeding ceased, injections continued every 4 or 5 weeks and the sub retinal fluid sometimes decreased and sometimes increased.

In 2011 the patient started acupuncture sessions. However, she stopped for a good period and restarted in 2019 and the sub retinal fluid has been gradually decreasing, remained low and, sometimes even without fluid, what had never happened before, when she used only the injections.

The gray spot noticed at the beginning of the diagnosis disappeared and the lines became less crooked.

The sequels in her both eyes were that in her left eye she saw the smaller letters of their real size and with the right eye, she saw clearly in the central region, however, the lines above and below were “ineligible” means.

In 2012, a third drug was discovered and approved by National Health Surveillance Agency in Brazil, called Eylia (Aflibercept) and, in the case of this patient, this medication was better than the other two medications.

In 2013, the day after an application of the drug Eylia on the left eye, she began to see several black spots all over the eye, which made her see her doctor the next day. She was seen by a resident doctor who told her that the vitreous in her eye had taken off and would return

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to normal in 7 days. And the problem only got worse and when she returned to the clinic the next day, she already had a Staphylococcus aureus infection inside the eye. She was immediately taken to the operating room at Clinics Hospital and several tests were performed, including culture of her eyes. A hospital medical team was with her and for eight days, daily, she went to the hospital to monitor the treatment. During this treatment period, she used several eye drops: one hourly, another every two hours until the time improved and spaced. It was almost two months of treatment of this infection.

In 2013, the patient was diagnosed, through mammography, with cancer in the left breast. It was necessary to perform a quadrantectomy of her left breast and 28 sessions of radiotherapy.

In late 2015, she was diagnosed, again and through mammography control, with a recurrence of cancer in the same breast (left). At this time it was necessary to perform a mastectomy and preventively removed the right breast (bi-lateral mastectomy).

No treatment was necessary with chemotherapy or radiotherapy in her case and only annual control with the mastologist doctor.

In October 2017, another infection affected her right eye after an injection with Eylia. This infection was more difficult to treat and cure and was attributed to sinusitis that was not treated at the moment. She went through the surgical center of the Clinic’s Hospital in another city, again for an entire day to treat the infection also caused by a bacterium. After days and days of treatment with several eye drops, without seeing practically nothing with this right eye, she was orientating to seek a specialist in São Paulo, at another hospital, to assess the sequelae that could be left and also to decide what the better treatment for her, from that moment. She did another OCT in this period that is shown in figure 3.

After consultation with the specialist, it was indicated to have a vitrectomy surgery, removed from the vitreous, and after three months to do the cataract surgery and that is what she did.

After the two infections she had, the doctor removed the two medications she used before the procedure (Vigamox and Maxdex) and today (October 2020), before the applications, she uses PVPI for 30 minutes before the injections, with an application every 10 minutes.

It is important to note that, in order to deal with all these problems, she was necessary to go back to the psychoanalyst and she began to use 10mg of ESC, that is an anxiolytic and antidepressant medication.

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**Figure 3: Optical Coherence Tomography in 2017.**
On the end of 2019, she began the treatment again with acupuncture.

The doctor decided to measure her chakras’ energies centers to see how they were in the energy level. And the result of this measure were that all her seven chakras’ were in the lowest level of energy (one out of eight being one the lowest level and eight the normal level) as shown in figure 4.

She started treatment to replenish the chakras’ energies with highly diluted medications and crystal based medications indicated for a period of one year or more when she need to do another chakras’ measurement to see if the chakras’ energies were improving or not with the treatment done. The medications used are described in table 1, according to the theory Constitutional Homeopathy of Five Elements Based on Traditional Chinese Medicine [2], created by the author.

Table 1: Chakra’s energy meridians, five elements, five massive organs, homeopathy and crystals based medications.

The acupuncture doctor asked her to avoid all dairy products, cold water, raw foods and sweets. Another group of foods that was advised her to avoid was fried foods, eggs, chocolate, coconut, melted cheese, alcoholic beverages and the last group of foods to avoid was

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coffee, soda and matte tea. She didn’t follow strictly all the dietary orientations as she likes to eat cheese and drink sometimes wine and bear, and all the time she did some diet mistakes, her eye didn’t improves very well leading to formation of some liquid inside the eye.

She performed another OCT after acupuncture sessions that is shown in figure 5.

**Figure 5:** Optical coherence tomography after Chinese dietary counseling, acupuncture and replenishment of the chakras’ energies meridians with highly diluted medications (November/2019).

Despite all the procedures mentioned, the patient had sequelae in her right eye. In the central view there was a gray spot leading to a blurred image that did not allow her to see and in the peripheral vision she saw very little and in the figure 6 it is possible to see the tomography made in March 2020.

**Figure 6:** Optical coherence tomography in march 2020, before the patient stop the acupuncture sessions due to COVID 19 pandemic.
In 2020, because of the COVID 19 Pandemic, she stopped acupuncture sessions from March to July, returning in August. In the months of July and August / 2020 there was an increase in the fluid in the two eyes, as you can see in figure 7 and 8.

**Figure 7:** Optical Coherence Tomography made in July 2020, during COVID 19 pandemic where the patient was not going to the acupuncture sessions since march 2020.

In September 2020, after she returned to the acupuncture sessions the sub retinal liquid decreased considerably, as you can see in the figure 9.

**Figure 8:** Optical coherence tomography made on August 2020, during COVID 19 pandemic where the patient was not going to the acupuncture sessions since March 2020.

**Figure 9:** Optical coherence tomography made in September 2020, after return to acupuncture sessions, Chinese dietary counselling and the use of homeopathies and crystal-based medications to replenish the chakras’ energies that was depleted in energy.
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She said when she returned to her acupuncture sessions, she was very depressed and feeling sadness and weak in energy. The author asked her about the use of medications to replenish her chakras’ energies and the patient was not using during the period that she still at home, in the COVID 19 pandemic and the author asked her to begin again all her medications to replenish the chakras’ energies.

In October 2020, when the author was finalizing to write this article, she worked and droves using her left eye.

She is still on treatment with Elyia (Aflibercept) until the day to finalize this publication (October 2020). In the left eye, she perfomed the injection every 6 weeks and in the right eye every 12 weeks.

Results

In only one week after beginning the homeopathic medications according to *Constitutional Homeopathy of the Five Elements Based on Traditional Chinese Medicine*. to replenish her chakras’ energies centers, she improved her mood and was felling very well in her physical and emotional aspects. Concerning her eyes, the ophthalmologist told her that she was in her best condition and that she need to thanks God of the state of her eyes because in her opinion, it was in very good situation because no fluid was found in the eyes as you can see in tomography done in September 2020.

Discussion

To explain how the author used her logic to treat this case, she will describe how this reasoning were done, after the treatment of one specific patient.

It all started in 2006, when the author received in her clinic an afro-descendent male patient, about 70-year-old, who came up with a symptom of pain in both legs for about six months. He was taking anti-inflammatory drugs without any improvement [3-7].

This patient reported feeling cold in the lower limbs, had normal daily bowel habit, did not present sweating and had no dry mouth or body itching. The patient reported no other complaints at this point. The physical examination was apparently normal.

According to traditional Chinese medicine, the patient was diagnosed with Kidney-Yang deficiency, as for the complaint of feeling colder in the lower parts of the body, in the legs [3-7].

The author indicated to the patient to receive auricular acupuncture twice a week, during 10 sessions. He improved from his condition after the treatment done and returned one month after the last session to be re-evaluated.

When he was interviewed, to know if there were any intercurrences, he reported that he had gone to his ophthalmologist, and that the doctor was surprised about his intraocular pressure.

The patient had not reported to the author that he had glaucoma, and was receiving treatment for his eyes for about 40 years. The pressure levels of his eyes would never low, always appearing as above 40mmHg. For the first time in his life, the pressure was about 17mmHg.

The ophthalmologist asked the patient what he had done differently since his last consultation, and the patient revealed that the only different procedure he had done was acupuncture.

When the author started the acupuncture treatment, she was not aware of the patient’s glaucoma condition. However, the author was treating the energies imbalances, which leaded to the pain in the legs, that was the root of the problem leading to the glaucoma condition too. Therefore, the treatment of the patient’s energies imbalances, leaded to the improvement of many other symptoms and/or diseases, which the author was not aware about [3-7].
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As the author had great success, she decided to present this case at the American Association of Medical Acupuncture Congress in Baltimore, United States, in 2007, and from this study, several other studies started to be developed in the most varied specialties, all involving the root treatment of the problem, which are the energies imbalances and not only the symptom. 

Also after this case, the author started as a researcher, firstly supported by the University of São Paulo, in Ribeirão Preto, Brazil, in the Ophthalmology Department, in the Glaucoma section, to demonstrate that the treatment of energy imbalances can cause a decrease in intraocular pressure. 

This case was also presented at the Society of Acupuncture Research Congress, which took place in Boston, in Harvard University, United States, in 2015, entitled *Acupuncture Viewed Holistically Can Treat All the Patient’s Diseases Simultaneously*. 

The author usually uses the metaphor of the tree to explain the differences between Western and traditional Chinese medicine point of view, as demonstrated in this figure 10 [8].

![Figure 10: Metaphor of the tree comparing Western medicine and traditional Chinese medicine point of view.](image)

As you can see, the tree has a trunk with several branches. Each branch represents one medical specialty and each leaf coming out of each branch represents the symptoms and diseases treated by each specialty. In this case, the sub retinal fluid vasculopathy is treated by the leaf level in Western medicine but what the author will emphasizing in this publication, aims to explain what is below the earth, and the cause of all diseases or the energies imbalances, on the root of the tree, invisible to the naked eye. 

There is a flow of energy going from the root to the leaves, and it represents the nutritional center of the body, and the energy will flow through the energy meridians, taking energy from the root to the leaves and from the leaves to the root. 

All the systems of the body in TCM are interconnected, as well as all the internal organs. When the root is imbalanced or damage, symptoms will appear on the leaves, in this case, the subject that the author is presenting in this publication, the sub retinal fluid retention in polypoidal choroidal vasculopathy.

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In traditional Chinese medicine, many diseases can be treated using the same method, because many different diseases have the same root, the same intrinsic cause, associated with energies imbalances.

The majority of the medical schools around the world are based on the model presented by Galen. He was the first physician to propose the independence between the organs. He proposed that a diseased organ have to be treated independently.

This theory is contrary to what Hippocrates, that lived 500 years before him said. According to Hippocrates and the Humoral Theory, the health of the body would be linked to four humors Yellow Bile, Black Bile, Blood and Phlegm. The theory of Galen is also opposite to traditional Chinese medicine principles, in the theory of the Five Elements and Yin and Yang theory, where all the organs are interconnected by the energy called Generation cycle and Controlled cycle [9-13].

The Chinese dietary counselling she also received was about avoiding the deficiencies of the meridians of the Liver, Kidney and Spleen-Pancreas, according to traditional Chinese medicine diagnosis [10-15].

To prevent Liver imbalances thought diet, it was orientating to avoid fried foods, eggs, honey, coconut, melted cheese, chocolate, alcoholic beverages, etc [10-15].

To prevent Spleen-pancreas imbalances, it was recommended to avoid the consumption of dairy products, raw food, cold water and sweets [10-15].

To prevent the Kidney energy imbalances, it was recommended to avoid coffee, soda and mate tea [10-15].

After this study, several others studies took place, regarding the treatment of the most varied pathologies. In the author’s clinic, she was able to see every day the effectiveness of ancient medical techniques for many diseases, including ophthalmologic problems, such as sub retinal fluid retention in polypoidal choroidal vasculopathy.

After the first description, several other reports started to be published around the world, revealing differences in the condition among different populations and ethnicities.

There is a dynamic balance and relationship among these elements, and they were so intertwined that if the balance was interrupted or destroyed, the elements would suffer. As you can see in the figure 11, the five elements are: Fire, Wood, Water, Metal and Earth [10].
In the Theory of Five Elements, each element represents an internal massive organ, and each one is responsible for an external sensorial organ and are the source of energy for their proper functioning. This system of energy is interlinked and the influence of one element or one organ with the others is dynamic and not fixed or isolated [10,16].

In the Five Elements theory there is two cycles, a generating cycle (Figure 11) and a control cycle (Figure 12) to maintain the organs balanced, for one element to not overcome the other [10,16].

Each element is linked to a massive organ, that is responsible for an external sensorial organ, an emotion, a taste, a color, a season, etc. as you can see on the table 2 [10,16].

![Control Cycle of the Five Elements theory](image)

**Figure 12:** Control Cycle of the Five Elements theory.

<table>
<thead>
<tr>
<th>Orientation</th>
<th>Wood</th>
<th>Fire</th>
<th>Earth</th>
<th>Metal</th>
<th>Water</th>
</tr>
</thead>
<tbody>
<tr>
<td>Season</td>
<td>Spring</td>
<td>Summer</td>
<td>Late Summer</td>
<td>Autumn</td>
<td>Winter</td>
</tr>
<tr>
<td>Climate</td>
<td>Wind</td>
<td>Summer Heat</td>
<td>Dampness</td>
<td>Dryness</td>
<td>Cold</td>
</tr>
<tr>
<td>Cultivation</td>
<td>Germinate</td>
<td>Grow</td>
<td>Transform</td>
<td>Reap</td>
<td>Store</td>
</tr>
<tr>
<td>Yin Organ</td>
<td>Liver</td>
<td>Heart</td>
<td>Spleen</td>
<td>Lung</td>
<td>Kidney</td>
</tr>
<tr>
<td>Yang Organ</td>
<td>Gall Bladder</td>
<td>Small Intestine</td>
<td>Stomach</td>
<td>Large Intestine</td>
<td>Bladder</td>
</tr>
<tr>
<td>Orifice</td>
<td>Eye</td>
<td>Tongue</td>
<td>Mouth</td>
<td>Nose</td>
<td>Ear</td>
</tr>
<tr>
<td>Tissues</td>
<td>Tendons</td>
<td>Vessels</td>
<td>Muscles</td>
<td>Skin &amp; Hair</td>
<td>Bones</td>
</tr>
<tr>
<td>Emotions</td>
<td>Anger</td>
<td>Joy</td>
<td>Pensiveness</td>
<td>Grief</td>
<td>Fear</td>
</tr>
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<td>Yellow</td>
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<td>Black</td>
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<tr>
<td>Taste</td>
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<td>Bitter</td>
<td>Sweet</td>
<td>Pungent</td>
<td>Salty</td>
</tr>
<tr>
<td>Voice</td>
<td>Shout</td>
<td>Laugh</td>
<td>Sing</td>
<td>Cry</td>
<td>Groan</td>
</tr>
</tbody>
</table>

**Table 2:** Five Elements and the Internal Organs that They are Responsible and Other Characteristics.

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In the case of the eyes, the massive organ linked to them is the Liver. The Liver meridian in traditional Chinese medicine is responsible for the distribution of energy in the body. As the five massive organs in the theory are linked, the imbalance of one, will reflect on the others. For example, if the Liver meridian is imbalanced, it will imbalance the Heart meridian, that in turn, will imbalance the Spleen meridian, etc [13].

According to traditional Chinese medicine, all diseases are initiated through emotional issues. In the case of the Liver, responsible for the eye, the emotion that imbalances it is anger.

According to traditional Chinese medicine, the excessive fluid retention is linked to Spleen-pancreas deficiency and /or Kidney meridian.

In the case of vasculopathy, the retention of fluid in the eye, is present in all the body of the patient and not only inside the eyes and the emotion that can imbalance the Spleen and pancreas meridian, is excessive worry. When the Spleen and pancreas meridian is imbalanced, due to excessive worry or wrong eating habits (excessive consumption of dairy products, raw food, cold water and sweets), can retain abnormally water inside the body and in this case, is causing the retention of fluid inside the eye causing this sub retinal vasculopathy symptoms. Another energy cause for her fluid retention could be her Kidney Yang deficiency. When the patient has Yang deficiency, it is common to have abnormal fluid retention too.

The theory of Yin and Yang (Figure 13) is the base of all TCM. According to Chinese wise men, the Yin and Yang are the two energies present in all the universe, including in our bodies [11,17].

![Yin and Yang symbol](image)

**Figure 13: Yin and Yang symbol.**

Yang is the action potential, Yin refers to formed substances, such as organs, tissues, cells and body fluids, which are visible and measurable things.

The patient received auricular acupuncture to rebalance Yin, Yang, Qi and Blood energies, through the points presented on this figure 14. The function of each auricular acupuncture point were described in the article entitled *How Do You Treat Back Pain in Your Practice? Part 2* published in the Medical Acupuncture journal in February 2018 [18].

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Inside of us, we aim for a balanced state of equilibrium between *Yin*, *Yang*, *Qi* and *Blood* (Figure 15) energies to be healthy. When they are imbalanced, our body will reflect it with symptoms that if not treated, will be consolidated as a disease [11,16].

*Figure 14:* Auricular acupuncture points used to treat the patient with sub retinal choroidal vasculopathy.

*Figure 15:* Schematic Relationship between *Yin*, *Yang*, *Qi* and *Blood*.

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In Chinese medicine terms, Blood function is to nourish and vitalize the whole body. A healthy Blood is characterized by a radiant complexion, lustrous hair, sharp senses, well-developed muscles and coordinated motor skills. However, to maintain Blood's free-flowing state another energy force must work in harmony with it.

Qi is the vital energy that invigorates Blood to keep it circulating throughout the body. Blood and Qi have a very important relationship and are mutually dependent. Qi prevents Blood stagnation, and Blood nourishes Qi.

Qi (which is translated in English as vital energy) must flow in the correct quantity and quality through the meridians, which are pathways through which Qi is constantly flowing and circulating throughout the body.

The Chinese concept of healthy Blood cannot be seen in isolation from the organs it nourishes. In fact, healthy Blood depends upon healthy functioning of the body's major organ-meridian systems: Heart, Spleen, Liver, Kidney and Lung. As Western medicine is localized in the leaf level of the metaphor of the tree, the eye is the only focus of the Western medicine physician.

In an article entitled Current concept of Spleen-stomach theory and Spleen deficiency syndrome in TCM, from Xie-Ning Wu, Spleen deficiency can be linked to several conditions and symptoms such as alteration in immunologic function, blood circulation, hepatic synthetic function and hematopoietic action [12].

The relationship between the organs in the Five Elements theory and the chakras are studied by some scholars and they started presenting a correspondence theory for these two concepts. In a way, when measuring the chakras energy of a patient, the physician is measuring the energy presented in each of the five massive organs. What may be primordial for the treatment is that the need to fortify the five massive organs that are deficient in energy, as the author demonstrated in the chakras' energies measurement, in this case report, that all her chakras were in the lowest level of energy, with the exception of the seventh, as you can see in the figure 16 [10,19].

As reported by the author, the patient in the case report had Spleen-pancreas deficiency, and this energy imbalance corresponds to the deficiency in the fifth chakra (Spleen). She also had Kidney-Yang deficiency which corresponds to the deficiency in the second chakra (Kidney). The patient in this case report had a vision problem and according to the table 2, it is related to deficiency in the Wood element that corresponds to the Liver or first chakra (Figure 16).

**Figure 16: Chakras energies and the correspondence to the five massive organs in TCM.**

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Energies Alterations and Chakras' Energies Deficiencies as the Cause of Sub Retinal Fluid Retention in Polypoidal Choroidal Vasculopathy

To tone the chakra that was deficient, it is necessary to tone all the other chakras' that precedes it in the generation cycle of the Five Element theory (Figure 11).

The patient in this case report also had a diagnosis of breast cancer in 2013, and according to the article published by the author entitled *The Importance of Treating Energy Imbalances and Chakras Replenishment for Prevention and Treatment of Cancer* and confirmed by several publications in traditional Chinese medicine literature, cancer is formed by deficiencies in energies and Heat retention, characterized to be in the phase 5 of progression from health to disease described on her article [20]. The patient probably was suffering from energies deficiencies for a long time, because to develop cancer in 2013, she was in the phase 5 of the progression from health to disease at that time and to be in the latest phase of transformation of health body to disease, the body need to have a long time of energies deficiencies, as demonstrated in the radiesthesia procedure that all her chakras' energies were in the lowest level of energy. The author wants to affirm in this case that the root of cancer formation, that was the energies deficiencies was the same root for the formation of her eye pathology, in this case, sub retinal fluid retention in polypoidal choroidal vasculopathy. With this treatment done, the patient has been treated the two pathologies at the same time, treating the energies imbalances that caused the formation of cancer, preventing her to have another cancer in other site or the development of metastasis and also, replenishing the chakras' energies centers to treat the root of the problem that was causing the eye pathology as well. According to traditional Chinese medicine, many different diseases have the same root as well as one disease could come from different roots [13,20,21].

To tone the chakras' energies, the author creates another new theory in homeopathy which uses the traditional Chinese medicine reasoning, and using this theory, it was able to treat the root level of the tree and not only the symptoms (leaf level). This article was published at Acta Medical Sciences entitled *Constitutional Homeopathy of Five Elements Based on Traditional Chinese Medicine*, published in July 2020. The medications used in their treatment is demonstrated in the Table 1 [2].

The patient in the case report was treated with crystal-based medication too to replenish the energy of each chakra together with homeopathies medications. The crystals properties were published in another article of the author entitled *Why Are Diabetic Patients Still Having Hyperglycemia despite Diet Regulation, Antiglycemic Medication and Insulin?* published by International Journal of Diabetes and Metabolic Disorders on march 2019 [16].

The author usually uses highly diluted medications to replenish the chakras' energies because of the Arndt-Schultz Law as demonstrated in the figure 17. This law was formulated in 1888 by two Chilean researchers. The Arndt-Schultz law have been extensively studied scientifically, in order to support the hypothesis of the influence of Homeopathy in immunity and in the general health of the body. Basically, the rule states that for all substances, small doses stimulate, moderate doses inhibit and overdoses kill [3].

![Figure 17: Graphical representation of the Arndt-Schultz Law.](image-url)
To understand all the principles that rules our body, the doctor should have an integral view of the human being, made not by organs and tissue but by energy. The author creates the metaphor of Western and traditional Chinese medicine (Figure 18) to demonstrate the necessity of integrating these two kinds of medicines that are separated nowadays but as you can see in this figure, one cannot exist without the other and one complement the other.

**Conclusion**

The conclusion of this study is that treating patients with sub retinal fluid retention in polypoidal choroidal vasculopathy, it is necessary to see the patient as a whole, not only looking in the eyes. The necessity to understand better the mechanisms of energy alterations involved in the formation of the disease is important to better treat this kind of pathology.

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