

Wet Eye an Important Issue in Ophthalmic Daily Consultation

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The management and treatment of Dry eye is one of the ophthalmic diseases with a great interest now days and was the reason for the foundation of the DEWS (Dry Eye Workshop) group in 2007 [1,2] which in 2017 conglomerated 150 experts from 23 countries, suggesting new ways of diagnosis, management and treatment with a wide divulgation [3].

Consulting the statistical proportion of publications in Pub Med. between dry eye and epiphora, from almost fifty thousand papers published in the two topics: epiphora had 2% more articles than dry eye, indicating the importance of this symptom in ophthalmology.

Reviewing the symptoms from patients in our Institution 25% of them include epiphora as one of the reasons of ocular disturbance and very few specify dry eye, meaning that excess of tears it is an important issue in the ocular examination.

Today there are many ophthalmologists specialized in the management of dry eye, but very few in “wet eye” which is a problem that requires a careful sequence of steps and tests to find out what would be the exact way of treatment.

Enclose a list of possible causes of epiphora

Alérgica Conjuntivitis	Lacrimal hipersecreción
Blepharitis	Lagophthalmos
Canaliculitis	Lagophthalmus
Chronic conjunctivitis	Naso lacrimal obstruction
Dacryocistitis	Punctual stenosis
Distichiasis	Reflex tearing
Ectropion	Rinitis
Entropion	Symblepharon
Exophthalmos	Tarsal inflammation
Eye blink problems	Telecanthus
Facial palsy	Trichiasis

Table

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