

The Cure with Hands and New Devices to Help the Treatment of Patients In ICU's and Rehabilitation Clinical's

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COLUMN ARTICLE

According with the history of the physiotherapy, this therapy starts since the first trying of the ancestry decrease the pain rubbed. The physiotherapy as professional starts in the century XX, during the two world wars, where the soldiers needed some treatment and rehabilitation to be ready again to active life.

Since the beginning of physiotherapy in Brazil, in 1929, just in 1951 was the creation of the first course in a university.

Independent of the area, orthopedy, respiratory care, health care, dermatology, the connection between patient and therapeutic was part important of the treatment, because sometimes what the patients need is not just a device to decrease the pain, or a manual therapy or a clearance mucus pulmonary, I am not talking that these technics do not provide to the patients a best quality of life and help to improve and finish with the disease, but sometimes the cure with hands and the energy swapped by patients and therapeutic is the most important point, and an example we have is reiki.

Unfortunately, in the beginning of the therapy the physiotherapist had eyes just to the point of pain, forgetting that the patient is a body, and everything works together (hearth, kidney, lung, knee, head), and these concept of the patient as a unique emerging more and more and the results with these new profession that are physiotherapy is earning a lot, and I am really proud of new generation of physiotherapist that think as human not as a part. When I am talking new generation, these include all physiotherapist doesn't matter the age.

But the science grows for all sides, and in my opinion the most important is use everything together and give more and more options for the patients, but the point is: we cannot forget that only machines will not listening about what is not going well with the patients, why sometimes they are scared about a therapy, the feedback that just the physiotherapists have looking into the eyes of the patients...and much more than just a human can have this feelings.

The robotic rehabilitation is a good tool to use when the patients need to be stimulated or when we have a long treatment and it is something more to do incentive to the patient, and it could be included in ICU's in the whole world if the cost was not too expensive.

I can't forget to talk about an incredible physiotherapist that I had the pleasure to have her as my professor Dr. Jacqueline R. Vianna, that is the passion of rehabilitation in person, she is Brazilian, and is chief of the ICU, in Batatais, SP, Brazil, but this hospital don't have money to buy the super new technology of robotic rehabilitation, however she built a lot of equipment's to make all the patients have a different type of rehabilitation, mobilization, to prevent the lost of muscle mass, amplification of movement and the circulatory system.

The most important point never gives up, even though if we do not have money, the creativity is always the best way.

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