

Nurses in the Prevention and Control of Indiscriminate Use of Neuropsychopharmaceuticals in the Elderly

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Objective

To build an instrument of orientation on psychotropic drugs in the elderly and the intake of functional foods, with bioactive compounds to be applied by nurses who are linked to the FHS of the Ministry.

Method

This is the fourth stage, which will be another step as a result of the doctoral project of the Graduate Program in Public Health of the Universidad de Ciencias Empresariales y Sociales (UCES) of Buenos Aires, in the construction of an informative and interactive website in collaboration with the Family Health Program (FHP), providing support information and guidance to primary care nurse professionals.

Results

Nurses tend to concentrate actions related to this area on care for the elderly, including guidance associated with the use of psychotropic medications. It is noted the importance of knowing also the lessons consumed by the Brazilian population especially those that have bioactive compounds that can potentially prevent and control these diseases. The site will discuss the main psychofármacos, with main adverse effects, drug interactions, in addition to the approach on forms of prevention and control from diet, according to an approach in other research and investigations. It will also contain a Forum for comments, doubts and sharing of experiences on the subject.

Conclusion

In Brazil we do not have a knowledge support system that can help prevent this high consumption of psychotropic drugs and even better qualify this elderly person in the use of these drugs. In this way, the construction of systems such as this health information is added to improvements in the care provided to populations.

Studies Advances and or Applications

This is an important theme in Collective Health, a theme that has not yet been sufficiently developed in the world, referring to the search for guidance mechanisms aimed at neuropsychiatric diseases and their determinants. We are not proposing to measure whether these impacts could really affect the part, because we are still in a preliminary, but we need to do so to then advance their results.

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