Papillary Tumour of Pineal Region

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A 50 year lady presented with altered sensorium and weakness of the both lower limbs since 6 months. Neurological examination showed bilateral papilledema. There was restriction of upward gaze with gait ataxia. MRI brain showed a 3x3 cm well defined, heterogeneously enhancing lesion in the posterior part of the third ventricle causing obstructive hydrocephalus (Figure1). A ventriculoperitoneal shunt was performed followed by partial excision of the lesion through a supracerebellar-infratentorial approach. The tumour was grayish, soft, suckable and vascular. Histopathology showed a cellular tumour arranged in sheets and papillae, with perivascular arrangement at places, some vessels having a hyalinized cuff (Figure2). The tumour cells were round to oval with central nucleus, moderate nuclear pleomorphism, granular chromatin and moderate amount of eosinophilic, dense cytoplasm. A rare mitosis was seen but necrosis or endocapillary proliferation was not evident. On immunohistochemistry, pancytokeratin and vimentin were positive with a paranuclear accentuation. Chromogranin was positive in a cytoplasmic and paranuclear dot pattern. These features were consistent with a papillary tumour of the pineal region. Post operatively the patient was given radiotherapy (6140cGy in 25 fractions). Follow up at 1 and 2 years show no residual or recurrent tumour.

Figure 1: Sagittal contrast MRI showing the pineal tumour with obstructive hydrocephalus.

Figure 2a: Haematoxylin and Eosin (10 X) stain showing tumour cells arranged in papillary pattern and sheets.

Figure 2b: Immunohistochemistry (40X) showing Cytokeratin positivity in tumour cells.

Figure 2c: Chromogranin positivity with a paranuclear dot positivity.

Figure 2d: Vimentin positivity.

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Papillary tumour of the pineal region (PTPR) is a rare and recently described entity with a characteristic anatomic location and histopathology [1]. The pineal region tumours constitute 1% of all primary central nervous system neoplasms. The commonest are germ cell tumours with the rest being shared by the pineal parenchymal tumours and neuroepithelial tumours. The papillary tumour of the pineal region belongs to this group of neuroepithelial tumours.

PTPR which has been introduced in the WHO classification of brain tumours in 2007 [1], is a tumour unique to this region, speculated to arise from the subcommissural organ [2-4]. These were first described by Jouvet et al in 2003 [2] in a series of 6 patients, about 60 cases have been reported in literature since then [2-4].

PTPR's are common in adult females and have a wide age range, from 5 to 66 years [3,5].

Radiologically they are well circumscribed, solid masses with or without a cystic component. Histologically they are characterized by a papillary architecture admixed with solid areas as seen in our case. The tumour cells are polygonal to epithelioid with perivascular pseudorosettes and true rosettes or tubules. The papillary areas have fibrovascular cores and are lined by similar cells showing pseud stratification. The higher grade tumours show necrosis. A signet ring appearance may also be seen [3]. Mitosis and the Ki-67 index are usually not very high [4].

Immunohistochemistry shows a dot like cytoplasmic positivity for cytokeratin and vimentin. The vimentin positivity is accentuated in tumour cells around blood vessels. Synaptophysin and chromogranin are sometimes expressed. S-100 and NSE show a diffuse positivity [3] whereas GFAP expression has been reported focally in few cases [5].

PTPR's need to be differentiated from other papillary neoplasms in this region, namely, papillary ependymoma, papillary meningioma, metastatic papillary carcinoma and choroid plexus tumours.

Papillary tumours of the pineal region are considered as WHO grade-II or III, though the exact criteria for differentiating into these two grades are not yet well defined. Features of increased atypia, mitosis and necrosis are reported to be seen in the higher grade tumours.

Consensus criteria for the best line of management are not available owing to the rarity and limited experience with these tumours, though maximal resection with adjuvant radiotherapy [4] has been advocated. Incomplete resection and high mitoses seem to correlate with decreased survival and recurrence [6].

Bibliography

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