The Professional Secret in the Field of Gynecology-Obstetrics

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Professional secrecy in the field of health, finds its basis in the duty imposed on certain people, to conceal from third parties, the information brought to their attention, all information and not only medical information during their professional activity.

Despite everything and especially in the field of Gynecology-Obstetrics in which there is an exhibition of the intimate secrets of the patient, we note a difficulty of use. Indeed, many practitioners are judged by their peers for breach of professional secrecy in various circumstances.

Unfortunately, and to this day we have witnessed breaches of this obligation in our current practice, whether voluntary or involuntary. This is probably due to the ignorance of the text of the law by the various stakeholders, to the ignorance of the field of application but sometimes also to the lack of rigor in its application.

In a cross-sectional study bringing together 49 medical and paramedical staff from the emergency department of the maternity and neonatal center in Tunis; for which the average number of years of service of the personnel studied was 8.28 years, it was found that:

- Almost half of the staff studied do not know the text of the law relating to medical confidentiality.
- The majority of staff do not know the procedure to follow to report violence without the patient’s consent.
- And we wanted through this question: “Do you think you respect medical confidentiality?” a staff self-assessment of their exercises regarding respect for medical confidentiality, and it was found that almost 15% answered no.

The objective of our study is to reveal a snapshot of the practice of medical confidentiality in the care of patients in our service.

Professional secrecy remains problematic. Secrecy about everything he has seen, heard or understood about his patient has been a pillar of physician ethics since the Hippocratic origins of the profession.

More than ever, we must appeal to ethics in the broadest sense of the word; ethics of health personnel and that of the profession. If these texts are applied with a real concern for the interests of the patients, they will bring more efficiency to the work.

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