

## **Stupidity and Utter Stupidity: A Problem without Solution and Malady without Cure!? Perspective**

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In the previous issue of this journal ECEC, Welles JF reported in a brief article on stupidity as an addiction [1]. He also stated that: "We all qualify as stupid in some regard." He further discussed some aspects and definitions of stupidity. Here I shall report my thoughts, perspective and experience on stupidity and particularly utter stupidity.

Stupidity is of many types with a severity range. It may be temporary or permanent, benign, or pernicious malignant. The types include the simple benign harmful to only oneself, the mentally disabled who cannot be blamed for it being an inherited illness without cure. There is also the temporary one limited to a particular stand or event that teaches the affected otherwise normal person a lesson. There is also a middle grade type of stupidity that inflict otherwise perfectly normal people: They are characterized by loving to talk but never listen like an answering machine that works well on sending messages without being capable of receiving and recording any. Stupidity is not the opposite of intelligence and both may exist together in one and the same person.

My personal stupidity spot is that represented by refusing to listen or implement the sound correct advice of my caring doctors, family members and friends to stop smoking and to go on a diet. My excuse is that my brain functions on 3 things: glucose, nicotine, and caffeine so I give it plenty of that every day because it is hard working all the time with little sleep. I smoke 40 cigarettes per 24-hours day, and it severely affects my chest with COPD, but I am addicted and cannot give it up. It is the only remaining joy for me in life. I do not think it will have any impact on God's predetermined day, place, and the cause of my death.

I have experienced temporary stupidity 3 times when I have fallen victim to scam professionals: One when they posed as conference organizers and stole \$200 paid for conference registration by my daughter Salma's credit card. The 2<sup>nd</sup> was when I bought 2 laptop tables on the internet to use in bed that never arrived me, one for me and the second to give as present. The scammers vanished without a trace after collecting the money from my debit card and bank account. The bank did not ask me to authorize this payment either- they should do so in future. The lesson learned from this is that I shall never buy any goods on the internet again except from souk.com in Egypt, amazon.com in the UK and genuine well known and trusted retailers. The 3<sup>rd</sup> experience is that I am too ashamed of myself to mention here now. Against my own wisdom and my son Khaled's advice I deliberately have done it and parted with \$195 for research purposes that remains ongoing now. I may tell the results and conclusion later in a special article on Scam and Scam masters and how to beat them in their own game.

The permanently and adamantly persistent stubborn unrelenting obstinate stupidity is that of concern here irrespective whether the affected person knows about or is totally unaware of it. A subtype of it is that stupidity inflicting intelligent, high educated and specialized people who may even hold sensitive, responsible and influential positions in the society or dictate the rules and regulation and even laws. So, stupidity does affect everyone even the best of us! Authorities should be alerted to expose them and implement a law that deters them from inflicting their harm on other society fellows, otherwise they should resign or be sacked and the final definitive solution and cure

would be for them to drop dead by a natural expected or unexpected death say by Covid-19 as example. It is total waste of time arguing with this type of stupidity. They always think you are the stupid one and say so. It may be associated with arrogance and ignorance about the subject of discussion. It is total waste of time arguing with them and I have zero tolerance for them. So, I just ignore them and walk away.

The last subtype of stupidity mentioned above is the most pernicious malignant type that inflicts harm on people and society at large by their persistent adamant stubborn stand on issues related to the jobs they are doing and services they are supposed to provide for the public. They refuse and resist any change and prevent progress and scientific advances from prevailing and shining or cause considerable delay, hence they harm people and the society at large. They are not easy to detect or monitor. They may have their reason or excuse for their stupidity of being implementing the law or the hard inflexible rules and regulations. This is where stupidity is a big problem without solution, illness without cure and an addiction. It is a black day if you desperately need their service and they will not allow you to have it. There is a prayer in Islam that I like to repeat, and follow, it says: "Please, God show me the true fact and let me follow it and show me the wrong or fake and help me to recognize and avoid it".

Stupidity is not limited to people as it may affect computers, programs, machines and the general attitude of a business, organization, an office, or a company. Other things that qualify for stupidity is some forms we must fill up, the inflexible rules and regulations and the credit rating! The later give me zero rating as I have been living in another country for > 5 years now. There are of course people behind it, but they are not stupid at all. Plagiarism checkers are example of this type of stupidity. One of them considers as plagiarism the author's details and the references list quoted at the end of the article as bibliography. They also cannot differentiate between "quoted text" and plagiarized text. The first is mandatory for supporting the evidence that serves the objectives of the article and cannot be edited or deleted. The second is completely unacceptable. The plagiarism checkers' clever and intelligent programmers should rectify these issues. Another example is an email issued from a no-reply inbox that asks for acknowledgement, response or feedback or asks questions without giving an email address to send the response to it! Worse still if you have a problem that you need to report to them, or a question you want to ask them, you are stuck.

Money is the one utility that I think is the most utterly stupid of all things and people. I wish if you do not ask me why? But I am going to tell you anyway! A great man Imam Ali Ibn Abi Talib said: "If poverty was a man, I would've killed him", so would I. I have had an ongoing war of a love-hate relationship with money during my entire life, particularly since I was a poor medical student, penniless, and I could not afford the cost of marrying the girl I loved after graduation with MBBCh in 1974. Poverty is not something to be ashamed of and this is said to give hope to poor but intelligent, talented, and gifted boys and girls all over the world. It should not deter you from achieving your goals and objectives.

Without telling the girl I loved, I ran away to Libya leaving my mother all alone behind, something that I deeply regret till today, to earn some money fast and a year and half later to the UK to satisfy my hunger for money and science. I had £5000 in my pocket when I landed in London (a fortune then in 1977) and stupidly spent it all in 6 months on the attractions of London just finished on the day I passed my PLAB exam and could work and earn some money. Money has never come to me as fast as I like and need to spend it. As my mother used to say I have a money drain hole in my hand's palm that leaks any money placed on it! I have generously spent money but always within my means never have fallen in debt to anybody, bank, or credit card and I am not going to do so now or in future.

So, I have beaten money hands down and won its war against me. I have been living comfortably in Egypt since retirement with a beloved wife who is now in control of the family's financial affair. We both live on a small pension from the UK that I regret not buying more years when I had the chance and means to do so. I have brought up and well educated my 4 children 2 of whom are now doctors practicing medicine in the UK, one is a dentist in Egypt who is divorced and lives with us, and one is a company manager in the UK. Both me and my wife live in her comfortable flat in Egypt on a small pension from UK that suffices to survive with no savings. I have no house or flat of my

own neither in the UK nor Egypt. I live in Egypt in my wife's flat and in the UK in a flat shared by my son and daughter with two granddaughters. My pension of < £1000 will not suffice to live on in the UK and pay for rent and bills while my wife and I survive on it. I am not sure if this fits the definition of homelessness under the housing act of the UK law and too busy to look it up now.

I have achieved all I wanted from life and need no more money for myself, but others demand more from me, particularly my wife who wants so much. Despite complete lack of funds or external support from anybody, organization, bank, or credit cards for supporting my 40-years ongoing scientific medical research and writing, I am happy and content while being proud of the achievements made. I have no gain or benefit from doing research neither career wise nor financial conflict of interest. I love doing it as charity for the sake of the whole of humanity benefit.

My worst nightmare experience with utter stupidity has been with scientific medical journals that are considered the top journals around. I repeatedly send them perfectly written and solidly constructed and formatted articles that are based on solid experimental and clinical research results and represent true scientific discoveries in physics, physiology, and medicine [3]. They repeatedly, completely, adamantly persistently, and solidly reject all articles before even sending it to peer reviewers. They reject it without giving a reason or may give an equally stupid one- the journal's standard letter of rejection saying the article is not interesting enough for their readers! or better be suited for another journal and they can only accept 10-15% of the articles they receive! Most irritating, annoying, and confusing that one cannot even complain about it or just get ignored if he does. So, I do not waste time, arguing or reasoning with them. At first it used to upset me, now I am used to it- it does not anymore. I just send the article to a suitable OAJ where it gets accepted immediately after peer review. There is truth in the saying: "When God distributed brains and fortunes on people, everyone liked his own brain and would not exchange it for a better one such as Einstein's while all disliked their fortune and wanted more".

These top Journals might have and seize a final chance to repent and rectify their repeated errors: They should ask the author to write an article to inform their readers about the new discoveries. Alternatively, they might ask their peer reviewers to write a review on any book of his and report the review that is relevant and would interest their journal's readers. The 3<sup>rd</sup> option for them is to reproduce one or two of their previously rejected articles shown and kept on their journal's Submission Manager site. I have my doubts that they would do any of that, and it is only utter stupidity that will prevent them! This will be another way for validation of the criticism given here. Otherwise, the only remaining hope for a cure for these journals is resignation, sacking or a natural expected or unexpected death of the responsible editor. That is the only known 100% curative therapy for permanent utter stupidity.

I am sorry I have to say that, and I am not really that malicious person to wish anybody any harm. I do hope that all editors and everyone to remain safe from Covid-19 and stay well, particularly as I want these editors and all to witness how I can help to win the war of humanity against the Covid-19 pandemic as proposed in a recent article reported in February issue 2021 in this *ECEC* journal [6] and another in this issue [7]. This may be the time they would believe me and appreciate my talent. I am returning to my UK guest home that is a flat shared by son and daughter with his wife and my two granddaughters on February 9<sup>th</sup>, 2021 with the intention of volunteering for the war against Covid-19 pandemic if not as a leader It will be as a soldier or possibly as an officer and gentleman.

One journal has persistently and repeatedly rejected 20 articles of mine over a period of 32 years since my first essay sent in 1988. Most other top journal rejected 5 or more of my >100 reported articles over the last 4-years. All are currently reported in 8 books of which only 4 published books are referenced here [2-5] and one is in print after my signature of the agreement for the latest book- that I have just done [8]. These articles were accepted by various journals after rejection by the top journals, and without further editing it gets accepted by other reputable Open Access Journals (OAJ). Please, read any of these articles or books and judge for yourself, if you do not like and appreciate any one of them you may have right to imagine what George Orwell said (Figure 1). Thus, the Editors-in-Chief of these top-rated journals of the World must be held responsible and accountable for rejecting these landmark impactful articles of mine that represent 14 new scientific discoveries in physics, physiology, and medicine [1-5]. They have the right to defend themselves using whatever excuses and proofs on their stand they might have.



*Figure 1: If you do not like and appreciate any of my articles or books you may be right to imagine that the face and head under the boot is mine!*

All my articles of >100 was accepted and reported by many other reputable OAJ and without paying any APC at all or just the minimum cost of DOI. Most OAJ have happily done that, very few still chasing me to pay their high excessive fees that I do not have. They are like hungry Wolves who would not hesitate to eat me alive, but they do not scare me. I am grateful to all editors of OAJ and I am in financial debt to them that I hope to settle one day.. These journals are run by open minded, responsible, co-operative and understanding Editor-in-Chief, Editorial Manager and team. This ECEC Journal is a clear winner in this regard as one must give credit when due. I shall support this journal until it reaches the top ten or I die. On the publishers' side an editor from Eliva press Mr. Andrew Melnic is another remarkable example who would publish your first book for free and offers a sliding scale of 15 - 50% royalties on sales. If they give consent to mention their names I shall do so here. Both publishers and Journal editors are not greedy, prompt in communication, and would publish articles and books free of charge with complete waiver on APC, if you cannot afford to pay it because otherwise, they need APC to survive.

Please, do not look up my articles on PubMed as it does not report articles reported by OAJ, ask Google Scholars and it will list it all with citations. PubMed used to be my favorite search engine and I still use it when I need to, but Google Scholar is my current favorite one. Would you agree that this is a stupid stand by PubMed or NCBI? If you think yes OAJ should be listed in PubMed after surviving for 2 years, please air your opinion here and send a copy of your email to NCBI and PubMed. If they repent and do it this may be proved only temporary curable type of stupidity that I guess money lies behind it. They should do that backdated to include all my articles.

The great publishing house from London Austin Macauley Publishers Ltd® (AM) demanded £2300 for publishing my latest book [8] that I do not have in pocket or bank account. I asked them to defer signing the contract until I raise the money. They have finally agreed to reduce the fees to £2000 to be paid by instalment at £100 per month and I immediately agreed and signed the agreement. Here is what the Editorial Board of this great Publishing house that operates in London, Cambridge, New York, and Sharjah said about my latest book [8] after evaluation: "The manuscript was brought to our attention at the latest Editorial Board meeting when we discussed the potential

of its publication". Having read all the reports and taken note of the Editors' opinions we can confidently state that your submission was found to be a comprehensive and immersive read.

The Board was keen to comment on your (author's) ability to interest even the less experienced reader on the subject. Your analysis makes your work a compelling and attractive read, showing the author's deep knowledge, and understanding. The assured writing style, attention to detail, and clarity of the arguments set out in the work, make this one that will intrigue and fascinate the target audience. Ultimately, the work is felt to be of ambitious scope, a worthy addition to the genre, and it would have a place in the market".

Thank you very many Sirs of gentlemen and women. I am delighted with your opinion and evaluation and is most appreciated. I believe it is better than any blurb for the book I might have written.

Please support my contribution in the war against Covid-19 pandemic until it is won or possibly till the day I die and buried in the UK, and I am a British citizen. Drug companies are working hard with enormous amount of money to develop a safe and effective vaccine for Covid-19- this is for future prevention. I have been and shall continue to work equally hard from my own guest home without any external financial help at all to help in the research that validate the patho-aetiology of ARDS and its effective lifesaving therapy of concentrated salt solution of 5%NaCl and/or 8.4%NaCO<sub>3</sub> in treating volumetric overload shocks (VOS) that cause ARDS and may include that of sepsis and Covid-19. This is a therapy for patients who develop ARDS and usually die in hundreds of thousands all over the world, so it should work on that caused by Covid-19 and sepsis [6] as well as the acutely ill patients and patients undergoing prolonged major surgery who suffer from ARDS and present during their hospital stay. I know that the challenge and the stake or risk is extremely high, but it is only my reputation that is vulnerable here. The rewards might be equal or greater. It is a calculated risk for a huge sample. I trust my observations, scientific acuity, and results of my 40-years research ongoing that would not let me down now. This is how I put my money where my mouth is. The race is on. Prove me wrong if you dare! Just kidding, I should say please, if you care.

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None.

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