I was a high school student when I learned in a facultative class on psychology that in a state of hypnosis if the hypnotist suggests to you that he will drop a hot coin on your palm, and drops a coin that is not hot, you will develop a blister anyway regardless that the coin is not hot. If back then somebody would whisper in my ear that one day I would be writing an article explaining how this is done, I probably wouldn't believe him. Of similar nature is the so-called stigmatism, which is a result of self-hypnotic suggestion. Saint Francis had bleeding wounds on the arms and the legs, just as Jesus has had on the cross, and they were always open and bleeding. The German lady, Teresa Norman, from Bavaria, also had bleeding wounds on her arms and legs, but her wounds were opening and closing periodically and when closed they were covered with a soft tissue [1].

Did 'visualization' play a role in this? Were these wounds open because these people were vividly seeing themselves nailed to the cross like Jesus? The answer is yes, visualization plays essential role in this, and ways were found to use this in sports [1]. In Russia, when the Soviet athletes were preparing for the Olympiad of 1980, they were separated in 4 groups: the first group spent 100% of their time in training, the second group spent 75% of their time in training and 25% in visualizing their success, the third group spent 50% of their time in training and 50% in visualizing their success, the fourth group spent 25% of their time in training and 75% in visualizing their success. The forth group showed best results on the Olympiad [1].

The visualization is holographic (three-dimensional) and it is done in the Subconscious, which cannot distinguish between the real and the imagined (or expected). Proof of this is an experiment, which psychologist Breznitz did at the Jewish University in Jerusalem. He divided Israeli soldiers into 3 groups. 1. The first group was told after 20 km that they have passed only 10 km. After passing another 20 km, they were told they have ¾ more to cover. The group barely covered 10 km more. 2. The second group could see how much they have passed and how much is left. They arrived at the final point very tired. 3. The third group was told that they need to pass 60 km, but were given exaggerated numbers for what they have passed. They barely passed 40 km, but had the feeling they have passed 60 km [1].

The experiment showed that the level of stress hormones in the blood depended not on the actual distances passed, but on the personal expectations. This meant that their body tiredness depended not on the actual physical efforts to pass the distances, but on their expectations. It seems that our body cannot distinguish between the real situation (registered by the neurons of our Conscious brain, which is our Digital Computer working on biochemical principle) and the imaginary holographic images-expectations created by the Quantum Computer in our Subconscious, which works with the waves of our nonlinear electromagnetic field (NEMF) seen as aura [2].

This conclusion has far-going consequences concerning the ongoing Pandemic. It means that we can use our imagination and through the holographic images of the Quantum Computer in our Subconscious to influence the functioning of our body and cure it. If our body is a holographic projection of our subconscious perception of it, we should be able through the Subconscious to control our health. This means that we can heal ourselves with imagery or visualization. Cases of miraculous cure with imagery and visualization have been described, but never explained.
A boy with numerous brain tumors (inoperable) was sent home to die, but he miraculously recovered by visualizing his white blood cells like solders fighting with the tumors and winning over them... and the tumors were miraculously shrinking until they were all gone. Now, when we know that we all have a Quantum Computer in the Subconscious, we can explain this and other miracles as done through the subconscious Quantum Computer, which works with three-dimensional holographic images and rules and regulates everything in the body [3-5].

In our Pandemic situation, this means that we should be able to sustain or regain our health through accessing the subconscious Quantum Computer, which rules and regulates everything. Research done in Russia showed with EEG measurements that both prayer and meditation put the Conscious to sleep to allow access to the Subconscious. If so, prayer or meditation by allowing access to the Subconscious and its Quantum Computer should be able to help us sustain or regain our health.

Thus, it seems that we are having the Pandemic for a good reason – to make us more spiritual. However, when praying for health, if we want really to become healthy or stay healthy, we need to vividly see what we are praying for (because our subconscious Quantum Computer works with images) and we need to believe in the imagery - that is why it is said that only the believers are blessed. What is the best time to mediate or pray for health? I have an article published in the month of May 2020 [6], which answers this question. The best time to pray for health is:

1. At dawn or dusk when the spinning of our nonlinear electromagnetic field (NEMF), which we see as aura, turn to opposite, or

2. When the cycle of breathing switches from right to left nostril (or vise versa) and for a short period of time both nostrils are active. Since left nostril is connected to the right brain hemisphere (which is mostly related to the Subconscious) and the right nostril to the left hemisphere (which is mostly related to the Conscious), when both nostrils are active, both brain hemispheres are active. Both brain hemispheres active means that both the Conscious and the Subconscious are active [6].

This allows access to the Quantum Computer in the Subconscious, which rules and regulates everything in the body and operates with the waves of our NEMF. I measured this NEMF for almost 40 years. It is weak field (1,000 times weaker than the biocurrents of the body) and it rules and regulates everything in the body not with its strength, but with the information it carries. If so, we can access it informationally (with a prayer) and achieve healing or stay healthy if we believe in it.

We now have the proof and the understanding that NEMF, which rules and regulates everything in the body, is the one that changes first under virus attack. It takes some time until the changes in the aura (NEMF) manifest as a disease at the physical body. If so, if we detect and correct the changes in our NEMF caused by the virus, the disease will never appear at physical level.

1. I have done measurements of NEMF for many years and I have the proof that the pulse diagnosis (used before acupuncture) detects the changes in the NEMF that precede the disease. If so, pulse diagnosis should be able to detect the virus long before the symptoms would appear and appropriate acupuncture could prevent the disease before it had manifested itself at a physical level [7].

2. Also, research done in Russia on distant interactions of cellular cultures [8] shows that specific viruses cause specific frequency changes in the NEMF of cellular cultures. If so, detected frequency changes in the NEMF could be used to identify the virus before the disease is manifested at physical level and by restoring the normal frequencies in the NEMF to prevent the disease.

3. In Strasburg, Austria, interesting experiment was done. A group of students were asked to drop a drop of water in front of themselves, evaporate the water, and see the crystallized water structure. The same water crystalized differently for each of them. Many times repetition was giving the same type of crystallization for the same individual. Puzzle? It is not a puzzle! Every individual has its own NEMF, which give specific imprint on the water.
If we are smart, we will use this as a test for Coronavirus. Since the aura (NEMF) of a person with the virus and a person without the virus would be different, the crystallization of their water would be different. The different type of water crystallization could be used not only to detect the virus, but also to find the cure for it by adding to the NEMF of the infected person the missing frequencies, which the virus infection created.

This is going to be the new informational medicine. The Russians have already developed technology imitating the human weak informational NEMF. Laser light is made nonlinear through the mirrors of Kozirev. A bottle with insulin is placed in the mirrors and its vibrations recorded. When these vibrations are applied to the skin of the patient, the effect is the same as taking insulin [1]. It is called vibrational medicine or info-energy medicine.

Maybe the pandemic is here to push us to develop the new info-energy medicine. Amazingly, the Russians do not have the understanding that with the mirrors of Kozirev they are actually imitating our NEMF.

Bibliography