

## What Do We Need to Understand in Patients with Teeth Bone Loss to Do Not to Cause Further Damage?

**Huang Wei Ling\***

*Infectious Diseases, General Practice, Nutrition, Acupuncture and Pain Management. Medical Acupuncture and Pain Management Clinic, Franca, São Paulo, Brazil*

**\*Corresponding Author:** Huang Wei Ling, Infectious Diseases, General Practice, Nutrition, Acupuncture and Pain Management. Medical Acupuncture and Pain Management Clinic, Franca, São Paulo, Brazil.

**Received:** June 29, 2021; **Published:** July 29, 2021

All started in 2006, when the author saw a patient with leg pain and who was not getting better with the use of anti-inflammatory medications [1].

In traditional Chinese medicine, all symptoms are caused by imbalance in the internal energy so the author simply rebalance the energy and it got better without using anti-inflammatory medications [1].

But the most important thing was that the patient told to the author that he got better from something else he was treating and he had not talked to the doctor before the treatment. He said that he was treating for Glaucoma in the last 40 years and was not improving with the use of eye drops and in the first time in his life, the intraocular pressure in his eye went from 40 to 17 mmHg [2].

By treating the root, all energy imbalances that exists before the treatment can be treated at the same time and all the patients symptoms could disappear also, at the same time, as the author showed through this case (leg pain and glaucoma) [2].

In the case of a patient who has bone loss in the teeth, the problem lies in the deficiency of energy in the kidney, in the root of the tree because Kidney is the energy responsible for the bone and for the tooth also. She presented this study in the 2<sup>nd</sup> International Conference on Dental Practice that was held in November 19 - 20 in 2020, entitled Energy Imbalances related to Bone Loss of Teeth and How Can We Treat without Making Bone Grafting? [3].

In this presentation, the author showed that the energy of the Kidney can naturally fall, beginning in 30 years and can worsen with aging process. In a study the author did in her clinic in Brazil from 2015 to 2020, she measured 1000 patients' chakras' energy centers and the result of her research was that more than 90% of all her patients were in the lowest level of energy in the five massive organs (Liver, Heart, Spleen, Lung, Kidney). This means that the production of energy by all these organs were very compromised (Yin and Yang by the Kidney; Qi by the Liver and Lung; Blood by the Spleen) and for this reason all patients nowadays are having aging process earlier and the energy that is responsible for the bone in the tooth, are also, very compromised, demonstrating that 97% of these patients are with Kidney deficiency (responsible for the teeth from childhood to older patients) [3-5].

So, to treat bone loss in the teeth, if we treat the root of the problems, treating the energy of the Kidney and all the organs that are responsible for sending energy to it are important also, because according to traditional Chinese medicine, all organs are interconnected by energy flow (generation cycle and control cycle), very different from the Western medicine's point of view [1,5].

Therefore, to treat bone loss in teeth, it is important to treat the root of the problem that is the Kidney energy, according to traditional Chinese medicine. This is very important because the physician can treat the root of the problem and not just the symptoms [1,6].

To improve Kidney energy, it is very important to orientate the patient to ingest an amount of water for the person's body weight, around 1 liter of water for every 25 kg of weight per day [5].

Sleeping early is something very important also because during sleep, there is the replenishment of Kidney's energy and the ideal time to sleep is around 9 PM [7].

It is also important to guide the patient to avoid the ingestion of coffee, mate tea, soft drinks because these drinks could cause a worsening of Kidney's energy. The patient need to eat black color foods, because black foods tones the Kidney's energy, with the exception of coffee and Coca-Cola that have black color, but worsen the Kidney's energy [5,7].

According to traditional Chinese medicine, the Kidney receives energy from the Lung and the Lung receives energy from the Spleen. The Spleen receives energy from the Heart and the Heart receives energy from the Liver. All internal organs are interconnected, contrary to Western Medicine thinking as they say that all the organs are isolated and work independently unrelated to others [5,8,9].

Therefore, to tone the Kidney, we need to treat all organs energy because one organ depends on the other. In the theory created by the author, she usually treats all organs in the sequence of the generation cycle because if we treat only the organs affected, that is the Kidney, and do not treat the others, there will not occur the transmission of energy from one organ to the other, as the author (2021) showed in the article Chakras' Energies Deficiencies as the Cause of Dyspnea Post COVID-19 Treatment and in the article she wrote (2021) The Pulmonary Manifestations in COVID-19 Really Caused by the Virus? [10,11].

In the past, the author normally used Chinese herbal medicine to treat patients with energy deficiency of some internal organ, but due to the difficulties in prescribing and acquiring these drugs in Brazil, the author started the homeopathy course in 2015. Since then, she started to write another theory using homeopathy and linking with theories of traditional Chinese medicine that exists over 5,000 years. This theory wrote by the author (2020) is entitled Constitutional Homeopathy of the Five Elements Based on Traditional Chinese Medicine [12].

According to Hippocrates, we must consider the oldest medicines before carrying out therapy with the medicine currently used [13].

As the author showed in her research that the majority of the population that she is attending has chakras' energy centers deficient in energy and to not make matters worse, we must avoid the use of any kind of highly concentrated drugs, according to the theory of Arndt Shultz Law. In this law created in 1888 by two German researchers, they said that use of highly concentrated medications harm the vital energy and can induce to death. The use of highly diluted medications can improve the vital energy, in this case, can improve the Kidney's energy, leading to the improvement of the formation of bone in the teeth [14].

Therefore, in a situation of infection in the teeth, the lack of understanding of traditional Chinese medicine meaning, in which there is secretion or hyperemia of the patient's gums, hyperemia, formation of yellowish secretion, and hyperemia in the gums means internal Heat formation and procedures to remove this Heat using Chinese dietary counseling, auricular acupuncture and apex ear bloodletting and use of highly diluted medications (homeopathies according to the theory Constitutional Homeopathy of the Five Elements based on Traditional Chinese Medicine), are effective in reducing the infectious manifestations and also, the physician can treat the condition without using antibiotics. This reasoning was published in the article Is It Possible to Treat Community-acquired and Nosocomial Infectious with the Same Method, Without the Use of Antibiotics? [12,15].

Without often using antibiotics, therefore, professionals must currently use techniques that can treat this infectious without antibiotics. In a webinar 4<sup>th</sup> Annual Conference on Oral Care and Dentistry April 4, 2021, the author presented a study in which she treated infection in the patient's gums only by doing Chinese dietary therapy, acupuncture with apex ear bloodletting and using homeopathy medica-

tions and there was no need to use antibiotics with therapeutic success. The reason that the author is saying the importance to understand what has behind each infection, is the energy deficiencies that the patients presented that is causing the infectious manifestations in the teeth. And to avoid the use of highly concentrated medications that could reduce even more this lack of energy in the Kidney, that was leading to the teeth bone loss manifestation, according to Arndt Shultz Law [16].

Why all measures to change the diet, to reduce the process of internal Heat formation, reduce energy deficiencies by decreasing: 1) the intake of cow's milk, 2) eating raw foods, 3) drinking ice water, 4) eating lots of sweets; are the principles to avoid failure in the absorption of nutrients and failure in the formation of Blood, because if the absorption of nutrient is impaired, more internal Heat and more local inflammatory process of the tooth will occur, worsening the process [17].

Other foods that the author normally recommends, not to use in order to do not worsen the infectious process and the local inflammatory, is reducing the intake of fried foods, chocolate, honey, coconut, alcoholic beverage, melted cheese and especially cow's milk and when the patient feeds greater internal Heat formation, often forming an infectious process at the site but due to an imbalance of energy and not exactly a bacterial infection [17,18].

The patient, who has bone loss, has to avoid intense sexual exhaustion because intense sexual practice can damage even more Kidney's energy, making the condition worse, so it would be important for the patient to also spend the period in sexual abstinence so that an even greater loss would not occur because of Kidney energy deficiency [5].

In this case, unification of knowledge among Western medicine that Eastern medicine is of paramount importance for the treatment of patients with dental bone loss because bone loss at the tooth site is only a symptom of a systemic energy imbalance and not just a local problem of the tooth [5].

Measures taken in the past to implement understanding as science only what is visible to the naked eye and considered unscientific what is still unknown and what is not seen today should be reviewed because the patient must be seen as a whole and the patient is formed of energy as he says Capra (1975) in the book Tao of Physics, in which says that every human being is made of energy including everything that exists in the universe [19].

### Bibliography

1. Huang Wei Ling. "Why Are Diabetic Patients Still Having Hyperglycemia Despite Diet Regulation, Antiglycemic Medication and Insulin?" *International Journal of Diabetes and Metabolic Disorders* 4.2 (2019): 1-14.
2. Huang Wei Ling. "The Importance of Correcting Energy Imbalances and Chakras Energy Deficiencies in the Treatment of Patients with Glaucoma". *Journal of Ophthalmology and Clinical Research* 2.2 (2019): 1-9.
3. 2<sup>nd</sup> International Conference on Dental Practice that was held in 2020.
4. Huang Wei Ling. "Energy Alterations and Chakras' Energy Deficiencies and Propensity to SARS-CoV-2 Infection". *Acta Scientific Microbiology* 4.4 (2021): 167-196.
5. Huang Wei Ling. "Why Patients with Knee Pain Still Have Symptoms Despite the Use of Anti-inflammatory Medications". *International Journal of Orthopaedics Research* 2.2 (2020): 21-27.
6. Huang Wei Ling. "The Importance of Treating Energy Imbalances and Chakras Replenishment for Prevention and Treatment Chakras Replenishment for Prevention and Treatment of Cancer". *Advances in Cancer Research and Clinical Imaging* 3.1 (2020).

7. Huang Wei Ling. "Auricular Acupuncture and Chinese Dietary Counseling in The Treatment of Insomnia". *Archives of Neurology and Neuro Disorders* 3.1 (2020): 1-11.
8. Huang Wei Ling. "Chakra's Energy Deficiency as the Main Cause of Infertility in Women". *Obstetrics and Gynecology International Journal* 11.2 (2020): 83-91.
9. Huang Wei Ling. "Chakras and Energy Alterations in Patients with Oligospermia". *Arch ich Urology Research* 4.1 (2020): 10-16.
10. Huang Wei Ling. "Chakras' Energies Deficiencies as the Cause of Dyspnea Post COVID-19 Treatment". *Journal of Infectious Diseases and Case Reports* 2.1 (2021): 1-9.
11. Huang Wei Ling. "The Pulmonary Manifestations in COVID-19 Really Caused by the Virus?". *Journal of Pulmonology Research and Reports SRC/JPRR-116* (2021).
12. Huang Wei Ling. "Constitutional Homeopathy of Five Elements Based on Traditional Chinese Medicine". *Acta Scientific Medical Sciences* 4.7 (2020): 57-69.
13. Craik E. "The "Hippocratic" Corpus: Content and Context". Routledge (2014): 344.
14. Leeser O. "Support of homeopathy by the Arndt-Schulz law". *National Center for Biotechnology Information* (1953).
15. Huang Wei Ling. "Is It Possible to Treat Community-acquired and Nosocomial Infectious with the Same Method, Without the Use of Antibiotics?" *Journal of Applied Microbiological Research* 2.2 (2019): 1-13.
16. 4<sup>th</sup> Annual Conference on Oral Care and Dentistry which (2021).
17. Huang Wei Ling. "Why Do Patients Still Catch Hospital Infections Despite the Practice of Infection Prevention and Control Programs?" *Acta Scientific Microbiology* 1.4 (2018): 34-43.
18. Huang Wei Ling. "Energies Alterations and Chakras Energies Deficiencies as the Main Cause of Recurrent Urinary Tract Infection Resistant to Antibiotics Treatments". *Research and Reports in Urology* 3.2 (2020): 1-8.
19. Capra Fritjof. "The Tao Of Physics: an Exploration of the Parallels between Modern Physics and Eastern Mysticism". Berkeley: [New York]: Shambhala; distributed in the U.S. by Random House (1975).

**Volume 20 Issue 8 August 2021**

**©All rights reserved by Huang Wei Ling.**