

A World Where Less is More

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In this ever-changing world of communication, the appearance or physical appearance of someone or even something can “make or break” a final result or opinion. And it can be related simply and plainly to whether or not we buy or admire something. It is well documented that looking good can improve social, romantic, and economical values, which allow an attractive person to land a better job and enlarge his/her surrounding social group. It is now universally accepted that looking good directly affects a person’s self-confidence and the image they convey. Because the face, mouth and the size of the body are the most notable of the human body, it is therefore not surprising that there is such an increase in demand for smile-based makeovers and miracles body trainings and meals.

Now days, minimum effort, less time spent, and minimally invasive treatments have become the most accepted philosophy today. Therefore, face aesthetic treatments today includes minimally invasive dentistry.

Minimally invasive dentistry is a concept that can encompass all aspects of our profession. The common standard of this type of treatment is the preservation of tissues, trying to predict before treating, but always the principle is the least loss of healthy tissue. In addition, the introduction of new protocols for predictable adhesive techniques have given rise to minimally invasive dentistry.

The possibility of incorporating it has been largely due to what people’s is looking for, better appearance, effective and sharp treatments, minus recovery time; furthermore, new dental materials, new technologies and implemented protocols as adhesion the dental structure theme, give more choices to conservative techniques to preserve healthy tooth structure and above all to a new way of thinking of both clinicians and patients themselves.

In dentistry, the transformation of “mechanical age” to the “robotically age, of “handy age” to the “digital age” has forced professionals to see face and teeth in a completely different context: and today, we can conservatively alter white, pink and skin tissue, creating a more natural, symmetrical and harmonious appearance, without being aggressive and demolishing.

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