The Risk Factors of Antibiotics Resistance: A Gate for World Microbial Threatened

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Many studies and publication published regarding the dangerous of the antibiotic resistance This danger of antibiotics resistance and will reflect negatively on the earth living. The superbugs that could be bigger than cancer by 2050 [1-3].

A very-crowding, lapses in hygiene or poor infection control practices will increasing the antibiotic resistance, like Methicillin-resistant Staphylococcus aureus (MRSA), Vancomycin-resistant enterococci (VRE) and multi resistant Gram-negative bacteria are spread primarily by direct or indirect person-to-person contact [4].

In order to protect the world community from the future crisis of antibiotic resistance we should minimize the risk factor via:

1. Increase the body immunity by natural resources, this need to use all media resources to educate the people about the danger of the bacterial resistance and depending on the natural immunity for treating most of common disease which need to increase the body immunity [5].
2. Intensive courses in the medical, dental pharmaceutical veterinary field to prevent the over prescription of antibiotics.
3. Using all media resources for warned the people of different jobs not to use antibiotics as sweet without proper indication and proper prescriptions.
4. Controlling the farms of different animal’s specialties using the antibiotics with animal foods to reduce the infection.
5. Control the poor hygiene environment practices in hospitals and practices, personal hygiene will reduce the risk of antibiotic resistant to some limit.
6. Calling for all international regulatory body to control the prescription of antibiotics and to have strict regulation not to dispatch any antibiotics over counter, because this will increase the risk of antibiotic resistance.

Conclusion

All health professional worldwide are responsible to stand together for stopping or minimize the risk of THE microbial terrorism. The resistance victims will be more likely cancer’s victims. There are thousands of bacteria which directly or indirectly affect the stability and economy of the human society and work places. All the health professionals should work together toward world without antibiotics.

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