

Dental Aesthetics as an Impact on Dental Procedures Today

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Aesthetics can be defined as the perception of the beauty of nature, of the human being, of art in general.

Nowadays aesthetics is an important point in world society so that over time there is more demand for it both at the general level and at the dental level, and with this I not only refer to the patient's expectations but also to expectations at the level of the health professional and in the treatments and procedures used.

All the dental branches have innovated new treatments and procedures to make these more aesthetic and visually pleasing.

Dental aesthetics involves all branches of dentistry and this is based on general characteristics that are met so that these results are expected and meet the expectations of the patient. This is nothing more than the expression of good oral health and oral harmony between all the components of the oral cavity also known as bioestetica.

Aesthetics despite being an abstract concept, since beauty is in the eyes of those who observe it, what is beautiful for some patients, it may not be beautiful for some professionals or vice versa, there are parameters that are met to achieve an appearance aesthetic and beautiful general for all respecting the visual harmony.

To achieve good dental aesthetics in any applied dental treatment, it is necessary to perform a facial analysis of the patient that is able to identify a symmetry and diversity, as well as to look for some points of reference to determine the best possible aesthetic treatment.

This facial analysis encompasses many aspects, including a frontal and lateral view of the patient and in turn determining facial proportions, symmetry, lip size, dentolabial asymmetry, tooth size, tooth color, smile line, analysis dental and dental occlusion. With these parameters, a natural and aesthetic image that involves and is appropriate to the facial features of the patient will be achieved.

Dental aesthetics has not only involved beauty to the perspective of each person but also the naturalness of it, achieving that to the expectations of the patients the perfect beauty is the one that is achieved most naturally, also achieved by hand with the visagism and with it to adapt the dental aesthetics with the personality, characteristic and details of each patient.

Currently we see that all branches of dentistry have innovated new procedures and materials for a better aesthetic, the example of this branch of orthodontics where the Invisalign aesthetic orthodontics has been implemented, have also improved the procedures already established for if you had some limitation with oral health is improved, as in the case of lumineer veneers where a minimum size is carved or the tooth is not carved making it more accessible for those patients who wanted a less invasive technique; In this issue they have not only updated the procedures but also go hand in hand with the updating of both laboratory materials and those used in the office to achieve that desired aesthetic.

Conclusion

Over the last few years, dental aesthetics has advanced at a great speed not only for its less invasive advances, shorter treatments but also for its demand. Nowadays aesthetics is important for the patient in his best letter of presentation and has to go according to health, harmony with the facial aspects and with the rest of the oral cavity. The technical advances offer a range of possibilities and make them match the expectations of each patient.

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