The Use of Stereolithography in Surgical Implant Placement, A Case Report

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Received: May 14, 2018; Published: June 27, 2018

Abstract
Rapid prototyping is a method of producing solid physical copies of human anatomy from 3D computer data. Stereolithography is the most widely known and used rapid prototyping [1,2] and the one most often technique used to generate medical models and computer-generated surgical guides for osteotomy site preparation in dental implant surgery [2,3]. SurgiGuides are the computer-designed and stereolithography-generated surgical guides used during osteotomy site preparation. Stereolithography interfaces a patient’s 3D CT study with the SimPlant plan. Made of acrylic resin, SurgiGuides contain one or more steel drilling sleeves, each of a defined diameter and with minimal tolerance, to control and ensure the accuracy of each osteotomy site preparation in two planes—bucco-lingually and mesiodistally. SurgiGuide design is based on the presurgical 3D positioning of implant icons using SimPlant (Materialise) interactive software, which transfers the prosthetically driven surgical treatment plan onto the CT. SurgiGuides can be supported by bone, teeth, teeth and mucosa, mucosa, or supragingival pre-existing dental implant components and mucosa. This article presents a case for teeth and mucosa supported implant placement for mandible, and bone supported for maxilla for the aim of complete oral rehabilitation with implants.

Keywords: Computer-Aided Design; Computer-Assisted Manufacture; Surgical Template; Guided Implant Surgery; Implants

Introduction
With the introduction of dental computed tomography (CT) in 1987, the method by which patients were evaluated for the placement of dental implants changed dramatically [4,5]. For the first time, the dental implant surgeon was able to understand regional anatomy and its influence on surgical decision-making preoperatively. This radiographic modality was superior to all other forms of dental radiographs in both accuracy and anatomic insight. However, two significant problem needed to be addressed. First no prosthetic information was available in the CT study; second, there was no means to transfer the prosthetic information and treatment plan directly to the patient at the time of surgery, and this disconnect between diagnostics and treatment prevented broader professional acceptance. Nevertheless, as the demand for more esthetic and life like restorations increased, clinicians worldwide used surgical guides to facilitate more accurate placement of dental implants. The use of stereolithographic medical modeling coupled with three-dimensional (3D), patient-specific CT information makes it possible to fabricate bone-, tooth-, tooth and mucosa and exclusively mucosa-supported surgical guides (i.e. SurgiGuides). SurgiGuides allow osteotomy site preparation to be performed in a more precise and efficient manner and, in certain instances, with less patient discomfort than conventional implant surgery [6].
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Case Report and Discussion

A 58-years-old Saudi female came to the king Fahd general Hospital in Jeddah presented with chief complaint of unesthetic appearance from old prosthetic gold crown and mobility of maxillary anterior teeth. Her medical history was good general health (ASA 1). Her dental history revealed missing maxillary and mandibular teeth due to progressive periodontitis (Figure 1).

![Pre-operative case](image1)

**Figure 1:** Pre-operative case.

After a careful evaluation of the case and the execution of diagnostic radiographic examinations (OPG and PA’s) (Figure 2) Proposed treatment plan, extraction of all maxillary and mandibular hopeless teeth except teeth #33 and #43 and full mouth implant prosthetic rehabilitation of the maxillary and mandibular arches. BioHorizon® (BIOHORIZONS IMPLANT SYSTEMS INC, Alabama, United States), tapered internal implant laser-lock; for both arches, followed by the relative prosthetic rehabilitation. The patient also needed to use a temporary prosthesis throughout the treatment period for professional reasons [7,8].

![Diagnostic Tools](image2)

**Figure 2:** Diagnostic Tools.

After recording the vertical dimension of occlusion (DVO) and mounting in articulator by means of face bow and its calibration, complete removable denture for the maxillary arch and a partial removable denture for the mandibular arch was constructed [9]. These prostheses in order to recover the masticatory function and aesthetics after the extractions. By means of computed tomography, to evaluated the amount of bone remaining after the extraction of the compromises teeth and I have planned two surgical guide (Figure 3) in order to locate implant sites, to evaluate bone quality, and suitability for prosthetic rehabilitation choice for the patient. Radio-opaque markers used in the denture for computerized tomography study of the dental arch for implant placement planning was evaluated for visibility, ease of analysis in relation to the alveolar ridge crest and relative to its applicability as a radiographic guide [10].

CT Scan with scanning appliance in place (Figure 4) the resulting DICOM files are processed to be converted into SimPlant format, which has been done for maxilla and mandible (Figure 5).

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**Citation:** Zainab H Sulaimani and Fadia Darwiche. “The Use of Stereolithography in Surgical Implant Placement, A Case Report”. *EC Dental Science* 17.7 (2018): 1135-1142.
A Surgical guide was fabricated (Figure 6). Surgery was done by placement of implants and abutments in the Maxilla with Bone-Supported Surgi Guide with 8 implants, Mandible with Teeth-and mucosa-supported Surgi Guide with 6 implants using BioHorizon® (BIOHORIZONS IMPLANT SYSTEMS INC, Alabama, United States), tapered internal implant laser-lock, for both arches (Figure 7).

Figure 5: CT scan conversion to Simplant for maxilla and mandible.

Figure 6: Maxillary and Mandibular SurgiGuide.

Figure 7: Surgical Procedures for Maxillary and Mandibular arches.
Immediate Non-Functional Loading and Placement of Provisional Prosthesis have been done (Figure 8). As "Five-Year Prospective Study of Immediate/Early Loading of Fixed Prostheses in Completely Edentulous Jaws with a Bone quality-based implant system" the author summarized the study using a bone quality-based implant system (BioHorizons Implant System). It was concluded that no implant failure occurred and crestal bone loss values were similar to or less than value reported with two stage approach. This may be related to the number of implants, implant design, and/or the surface condition of the implant loading [11]. Followed by taking upper and lower implant level impression (Figure 9), then placement of definitive prosthesis following appropriate healing period: Early loading (Figure 10).
After jaw relation record, and teeth try-in, metal substructure try-in was done. Cement-Retained Implant Restorations were placed (as the study "Screw-Versus Cement-Retained Implant Restorations: Current Concepts" indicated that no differences were found between the two types of prosthesis in terms of implant survival or success rates. Prosthesis success rates (> 72 months), cement-retained prostheses demonstrated a 93.2% success, compared with 83.4% with screw-retained prostheses. It is generally agreed that the current trends to favor cement-retained implant restorations for their superior esthetics, occlusion, ease of fabrication, and reduced chairside time [12]. Finally, oral Hygiene instructions and night guard were given (Figure 11 and 12).

Figure 11: Pre-operative and post-operative.
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Figure 12: OHI and night guard construction.

Conclusion

The direct benefits of Stereolithography imaging to the dental implant patient include (1) a better understanding of the treatment requirements and commitment needed for successful therapy; (2) a significant reduction in surgical time and a proportional decrease in postoperative pain, discomfort, and swelling; and (3) a better understanding of anticipated outcomes and alternative types of treatment. (4) Accuracy and reliability are two of the distinguishing characteristics of the stereolithographic process.

Bibliography
