

## The Subjective Perspective

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First of all I want to give you a background to the article by explaining the formation of ROS (Reference group for longstanding Oro-facial Pain)

During those years I worked as dentist in general practise I discovered the fact that almost only a mechanical approach reigned supreme. Patients were considered as cases and the persons behind the problems were not seen. Often economic incentives seemed to me obvious as reason for treatment.

My interest for the person as such increased more and more. Cognitive theory, stress physiology and evolutionary biology became a fascination. After my specialist training I got an opportunity to open a clinic at the County hospital in Kalmar Sweden and at the same time I got free hands to form treatment alternatives for patients with longstanding bad health and connected pain. The remises we got came from colleges within odontology and medicine. They had a problem to classify and treat these patients' disorders.

1996 was ROS created. What the members had in common was holistic approach training in psychosomatic medicine. Phenomenology created a base for thinking.

Most of the patients we met had a long history of different treatments all with starting point within biomedicine. Often had repeating surgical interventions been tested. We in ROS tried to see the person behind the suffering via biopsychosocial models of explaining and we tried to create a rehabilitation plan together with the patient and his/her general physician. The structure of the group guaranteed many-sided holistic care.

Consequently most of my time as professional has been aimed at work in the clinic. I found no time and interest for advanced science. Phil.dr. Kent Inge Perseius is the man who made it possible for us to wright the article.

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